No More Excuses: Dismantling Rape Culture Resources and Recommended Reading

Nonfiction Titles about Rape Culture, Feminism, #MeToo, and Consent


Novels about Rape Culture

A girl learns to find her voice again after a brutal assault.

Set in a fairytale world, this book takes a searing look at sexual predation, rape culture, and misogyny.

After an assault, a town turns against the survivor.

A girl pursues justice at an elite school that would rather ignore rampant sexual abuse.

A survivor refuses to be defined by her rape.

A girl takes on the culture of toxic masculinity at her school.

Society might let boys and men get away sex crimes, this girl won’t.

Three misfits take on misogyny at their school.

In a culture that refuses to protect its young girls, how can they survive?
Websites

Black Girls Rock, Inc.
http://www.blackgirlsrockinc.com
Black Girls Rock offers mentorship, leadership camps, conferences, events, music, and media to empower and inspire black teens.

The Center for Changing Our Campus Culture
http://changingourcampus.org/
The Center for Changing Our Campus Culture conducts research and offers solutions intended to end gender-based violence on college campuses.

End Rape on Campus
http://endrapeoncampus.org/
End Rape on Campus provides direct support for survivors and their communities, offers educational programs designed to reduce sexual assault, and lobbies for policy reform at the campus, local, state, and federal levels.

End the Backlog
http://www.endthebacklog.org/
This organization works to raise awareness of and eliminate the rape kit backlog in the United States.

The Everyday Sexism Project
https://everydaysexism.com/
The Everyday Sexism Project catalogues instances of sexism experienced on a day-to-day basis. You can follow the project on Twitter too @EverydaySexism.

The Innocence Project
https://www.innocenceproject.org/
The Innocence Project uses DNA evidence to exonerate and secure release for the innocent as well as educating the public about wrongful incarceration.

Mentors in Violence Prevention
https://www.mvpstrat.com/
Mentors in Violence Prevention offers educational and workplace programs designed to end sexual harassment, bullying and gender-based violence.

Microaggressions
http://www.microaggressions.com/
Microaggressions documents daily demonstrations of power, privilege, discrimination, and oppression in everyday life.

Project Unbreakable
http://projectunbreakable.tumblr.com/
Project Unbreakable is a photography project aiming to give a voice to survivors of sexual assault, domestic violence, and child abuse.

Rape Kit Action Project
http://www.everykitcounts.org/
This group advocates for state-by-state legal reforms such as requiring states to track the number of untested rape kits, establishing clear policies on rape kit testing requirements, and creating a plan to test all untested kits.

The Sentencing Project
https://www.sentencingproject.org/
The Sentencing Project works to reform racially unjust policies and practices in the US legal system and raise awareness about mass incarceration.

Stop Street Harassment
http://www.stopstreetharassment.org
Stop Street Harassment is a nonprofit organization dedicated to documenting and ending gender-based street harassment worldwide.

The UnSlut Project
http://www.unslutproject.com/
Emily Lindin, who was brutally slut shamed in elementary school, founded this project to undo slut shaming and sexual bullying in schools, communities, media, and culture
Films

This award-winning exposé of rape crimes on US college campuses investigates the way institutions cover up the problem and harm this does to students and their families.

This investigative documentary explores the epidemic of the rape of female soldiers within the US military.

This documentary explores how the narrow definition of masculinity in American culture harms boy, men, and society at large. The films also discusses ideas for making positive change.

This documentary documents the under-representation of women in positions of power and influence in the United States. It challenges the media’s limited portrayal of what it means to be a powerful woman.

This documentary examines the relationship between pop-culture imagery and masculine identities in the United States in the twenty-first century.

An award-winning documentary short that reveals the causes and devastating effects of slut shaming, sexual bullying, and gender-based discrimination.
Videos

This short film explores dating and intimate partner violence.

This public service announcement raises awareness of the rape kit backlog.

This video documents the testimony of middle-school students in Oregon against discriminatory dress codes. Their work was instrumental in eliminating double standards from the dress code in Oregon’s largest school district.

In this video, Al Vernacchio suggests a new metaphor for sex, one that’s about shared pleasure, discussion and agreement, fulfillment and enjoyment.

Retrieved from https://www.ted.com/talks/jackson_katz_violence_against_women_it_s_a_men_s_issue
Domestic violence and sexual abuse are often called “women’s issues.” Jackson Katz points out that they are actually men’s issues and shows how these violent behaviors are tied to toxic definitions of manhood.

TEDxYouth. (2013, January 20). *The Sexy Lie: Caroline Heldman at TEDxYouth@SanDiego* [12:49].
Retrieved from https://www.youtube.com/watch?time_continue=2&v=kMS4VJKeW8
Caroline Heldman is a national figure. In this video, she discusses how the mainstream media contributes to the underrepresentation of women in positions of power and influence in the United States.
Hashtags

#everydaysexism
Women describe their day-to-day experiences with sexism and misgyny.

#MeToo
People of all genders share their stories of sexual harassment and assault.

#rapeculture
These posts detail elements of rape culture found in daily life.

#WhatIWasWearing
Rape survivors describe the clothes they were wearing at the time of the assault.

#YesAllWomen
Women document times when men behaved as if they were entitled to attention and sexual favors.