



No More Excuses: Dismantling Rape Culture Resources and Recommended Reading

Nonfiction Titles about Rape Culture, Feminism, #MeToo, and Consent

Cappiello, Katie and Meg McInerney, eds. *Slut: A Play and Guidebook for Combating Seism and Sexual Violence*. New York: The Feminist Press, 2015.

Gay, Roxane. *Bad Feminist*. New York: Grove Press, 2017.

Gay, Roxane, ed. *Not That Bad: Dispatches from Rape Culture*. New York: Harper Perennial, 2018.

Friedman, Jaclyn, and Jessica Valenti, eds. *Yes Means Yes: Visions of Female Sexual Power and a World without Rape*. Berkeley: Seal Press, 2008.

Higgins, Nadia Abushanab. *Feminism: Reinventing the F-Word*. Minneapolis: Twenty-First Century Books, 2016.

Harding, Kate. *Asking for It: The Rise of Rape Culture—and What We Can Do About It*. Boston: Da Capo Lifelong Books, 2015.

Jensen, Kelly. *Here We Are: Feminism for the Real World*. Chapel Hill: Algonquin Young Readers, 2017.

Keyser, Amber ed. *The V-Word: True Stories of First-Time Sex*. New York: Simon Pulse, 2015.

Krakauer, Jon. *Missoula: Rape and the Justice System in a College Town*. New York: Doubleday, 2015.

McGowan, Rose. *Brave*. New York: HarperOne, 2018.

Prout, Chessy. *I Have the Right To: A High School Survivor's Story of Sexual Assault, Justice, and Hope*. New York: Margaret K. McElderry Books, 2018.

Smith, Joanne, Mandy Van Deven, and Meghan Huppuch. *Hey, Shorty! A Guide to Combating Sexual Harassment and Violence in Schools and on the Streets*. New York: The Feminist Press, 2011.

Solnit, Rebecca. *Men Explain Things to Me*. Chicago: Haymarket Books, 2015.

Stoian, Marian. *Take It as a Compliment*. Philadelphia: Singing Dragon, 2015.

Waldal, Elin Stebbins. *Tornado Warning: A Memoir of Teen Dating Violence and Its Effect on a Woman's Life*; Encinitas: Sound Beach Publishing, 2011.

West, Lindy. *Shrill*. New York: Hachette Books, 2016.

Novels about Rape Culture

Anderson, Laurie Halse. *Speak*. New York: Farrar, Straus and Giroux, 1999.

A girl learns to find her voice again after a brutal assault.

Arnold, Elana. *Damsel*. New York: Balzer + Bray, 2018.

Set in a fairytale world, this book takes a searing look at sexual predation, rape culture, and misogyny.

Blount, Patty. *Some Boys*. Naperville, IL: Sourcebooks Fire, 2014.

After an assault, a town turns against the survivor.

Burkhart, Kiersi. *Honor Code*. Minneapolis: Carolrhoda Lab, 2018.

A girl pursues justice at an elite school that would rather ignore rampant sexual abuse.

Johnston, E. K. *Exit, Pursued by a Bear*. New York: Dutton Books for Young Readers, 2016.

A survivor refuses to be defined by her rape.

Mathieu, Jennifer. *Moxie*. New York: Roaring Brook Press, 2017.

A girl takes on the culture of toxic masculinity at her school.

McGinnis, Mindy. *The Female of the Species*. New York: Katherine Tegen Books, 2016.

Society might let boys and men get away sex crimes, this girl won't.

Reed, Amy. *The Nowhere Girls*. New York: Simon Pulse, 2017.

Three misfits take on misogyny at their school.

Summers, Courtney. *All the Rage*. New York: St. Martin's Griffin, 2015.

In a culture that refuses to protect its young girls, how can they survive?

Websites

Black Girls Rock, Inc.

<http://www.blackgirlsrockinc.com>

Black Girls Rock offers mentorship, leadership camps, conferences, events, music, and media to empower and inspire black teens.

The Center for Changing Our Campus Culture

<http://changingourcampus.org/>

The Center for Changing Our Campus Culture conducts research and offers solutions intended to end gender-based violence on college campuses.

End Rape on Campus

<http://endrapeoncampus.org/>

End Rape on Campus provides direct support for survivors and their communities, offers educational programs designed to reduce sexual assault, and lobbies for policy reform at the campus, local, state, and federal levels.

End the Backlog

<http://www.endthebacklog.org/>

This organization works to raise awareness of and eliminate the rape kit backlog in the United States.

The Everyday Sexism Project

<https://everydaysexism.com/>

The Everyday Sexism Project catalogues instances of sexism experienced on a day-to-day basis. You can follow the project on Twitter too @EverydaySexism.

The Innocence Project

<https://www.innocenceproject.org/>

The Innocence Project uses DNA evidence to exonerate and secure release for the innocent as well as educating the public about wrongful incarceration.

Mentors in Violence Prevention

<https://www.mvpstrat.com/>

Mentors in Violence Prevention offers educational and workplace programs designed to end sexual harassment, bullying and gender-based violence.

Microaggressions

<http://www.microaggressions.com/>

Microaggressions documents daily demonstrations of power, privilege, discrimination, and oppression in everyday life.

Project Unbreakable

<http://projectunbreakable.tumblr.com/>

Project Unbreakable is a photography project aiming to give a voice to survivors of sexual assault, domestic violence, and child abuse.

Rape Kit Action Project

<http://www.everykitcounts.org/>

This group advocates for state-by-state legal reforms such as requiring states to track the number of untested rape kits, establishing clear policies on rape kit testing requirements, and creating a plan to test all untested kits.

The Sentencing Project

<https://www.sentencingproject.org/>

The Sentencing Project works to reform racially unjust policies and practices in the US legal system and raise awareness about mass incarceration.

Stop Street Harassment

<http://www.stopstreetharassment.org>

Stop Street Harassment is a nonprofit organization dedicated to documenting and ending gender-based street harassment worldwide.

The UnSlut Project

<http://www.unslutproject.com/>

Emily Lindin, who was brutally slut shamed in elementary school, founded this project to undo slut shaming and sexual bullying in schools, communities, media, and culture

Films

The Hunting Ground. DVD. Los Angeles: Chain Camera Pictures, 2015.

This award-winning exposé of rape crimes on US college campuses investigates the way institutions cover up the problem and harm this does to students and their families.

The Invisible War. DVD. Los Angeles: Chain Camera Pictures, 2012.

This investigative documentary explores the epidemic of the rape of female soldiers within the US military.

The Mask You Live In. DVD. Ross, CA: Representation Project, 2015.

This documentary explores how the narrow definition of masculinity in American culture harms boy, men, and society at large. The films also discusses ideas for making positive change.

Miss Representation. DVD. San Francisco: Girls' Club Entertainment, 2011.

This documentary documents the under-representation of women in positions of power and influence in the United States. It challenges the media's limited portrayal of what it means to be a powerful woman.

Tough Guise. DVD. Northampton, MA: Media Education Foundation.

This documentary examines the relationship between pop-culture imagery and masculine identities in the United States in the twenty-first century.

UnSlut: A Documentary Film. Short film. Los Angeles: The UnSlut Project, 2015.

An award-winning documentary short that reveals the causes and devastating effects of slut shaming, sexual bullying, and gender-based discrimination.

Videos

Day One. (2018, February 15). *Sunshine* [2:45]. Retrieved from <https://vimeo.com/255418635>.
This short film explores dating and intimate partner violence.

Joyful Heart Foundation. (2018, February 13). *Shelved* [1:00]. Retrieved from <https://youtu.be/Eu0IwAUwsZQ>.
This public service announcement raises awareness of the rape kit backlog.

National Education Association. (2016, January 5). *Oregon School Dress Codes* [8:59]. Retrieved from <https://www.youtube.com/watch?v=r7G7KXDI4vI>.
This video documents the testimony of middle-school students in Oregon against discriminatory dress codes. Their work was instrumental in eliminating double standards from the dress code in Oregon's largest school district.

TED Talks. (2013, July 15). *Al Vernacchio: Sex needs a new metaphor. Here's one...* [8:18]. Retrieved from https://www.ted.com/talks/al_vernacchio_sex_needs_a_new_metaphor_here_s_one/discussion
In this video, Al Vernacchio suggests a new metaphor for sex, one that's about shared pleasure, discussion and agreement, fulfillment and enjoyment.

TED Talks. (2013, May 29). *Jackson Katz: Violence against women—it's a men's issue* [17:37].
Retrieved from https://www.ted.com/talks/jackson_katz_violence_against_women_it_s_a_men_s_issue
Domestic violence and sexual abuse are often called "women's issues." Jackson Katz points out that they are actually men's issues and shows how these violent behaviors are tied to toxic definitions of manhood.

TEDxYouth. (2013, January 20). *The Sexy Lie: Caroline Heldman at TEDxYouth@SanDiego* [12:49].
Retrieved from https://www.youtube.com/watch?time_continue=2&v=kMS4VJKekW8
Caroline Heldman is a national figure. In this video, she discusses how the mainstream media contributes to the underrepresentation of women in positions of power and influence in the United States.

Hashtags

#everydaysexism

Women describe their day-to-day experiences with sexism and misogyny.

#MeToo

People of all genders share their stories of sexual harassment and assault.

#rapeculture

These posts detail elements of rape culture found in daily life.

#WhatIWasWearing

Rape survivors describe the clothes they were wearing at the time of the assault.

#YesAllWomen

Women document times when men behaved as if they were entitled to attention and sexual favors.