

TEEN AND YOUNG ADULT NONFICTION

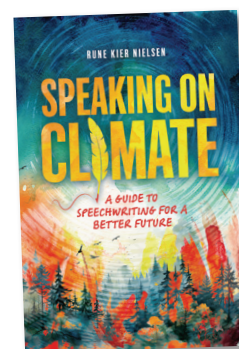
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Twenty-First Century Books is your trusted source for engaging upper-grades nonfiction, focusing on topical, high-interest subjects across a diverse spectrum of disciplines, cultures, and points of view. With authoritative writing and captivating photography, Twenty-First Century Books are excellent launching pads for stimulating in-depth research, supporting evidence-based coursework, and fostering an awareness of the rewards of nonfiction reading.



Zest Books publishes smart, compelling, and evocative nonfiction for young adult readers. Zest titles are irreverent and edgy, spanning a variety of topics from dating and sexuality to illustrated travelogues and lifestyle advice. Readers can explore their own identities and ideas while engaging with and thinking critically about current events.



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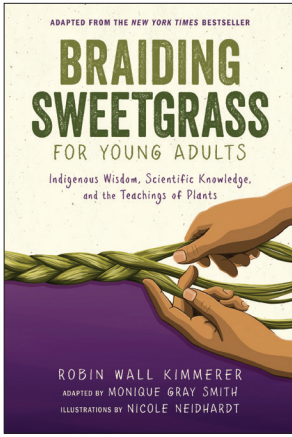
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★ Braiding Sweetgrass for Young Adults

Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants

Robin Wall Kimmerer and Monique Gray Smith
illus. Nicole Neidhardt

The best-selling book *Braiding Sweetgrass* is adapted for a young adult audience, bringing Indigenous wisdom, scientific knowledge, and the lessons of plant life to a new generation.

Reading Level Grade 8 **Interest Level** Grades 7-12

Lexile 980 **Pages** 304 **Trim** 5½ x 8¼ ©22

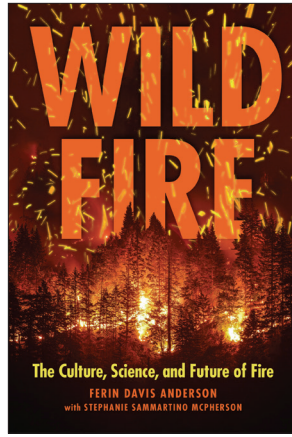
Zest Books™ ★Kirkus ★Publishers Weekly

★School Library Journal

Hardcover \$29.99 (List \$39.99) 9781728458984

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★ Wildfire

The Culture, Science, and Future of Fire

Stephanie Sammartino McPherson
and Ferin Davis Anderson

Environmental scientist Ferin Davis Anderson and author Stephanie Sammartino McPherson examine how Indigenous people, farmers, and forestry departments have used fire to manage resources and how climate change is impacting the future of fire.

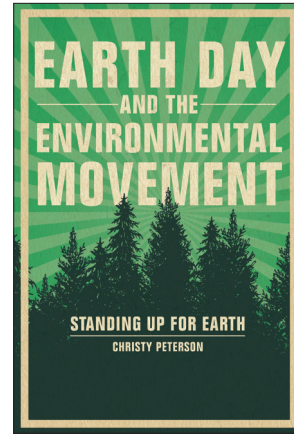
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★ Earth Day and the Environmental Movement

Standing Up for Earth

Christy Peterson

Explore the environmental movement, looking at what led to the first Earth Day on April 22, 1970, and how the political successes and missteps that followed launched environmental activism as we know it today.

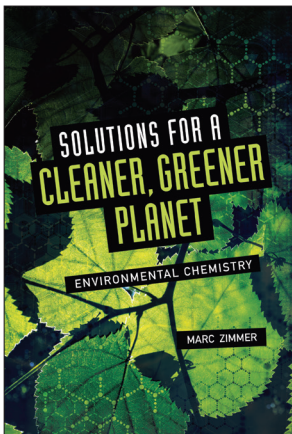
Reading Level Grade 8 **Interest Level** Grades 6-12

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Twenty-First Century Books™ ★Kirkus

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Solutions for a Cleaner, Greener Planet

Environmental Chemistry

Marc Zimmer

Many of the most toxic materials on Earth—from arsenic to plutonium—occur naturally, but manufacturers also use them in products from paints to pesticides, causing severe pollution and health risks. Learn how environmental chemists try to solve these issues.

Reading Level Grade 8 **Interest Level** Grades 6-12

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Also Available eBook



Geoengineering Earth's Climate

Resetting the Thermostat

Jennifer Swanson

The Earth is warming rapidly, and some scientists propose geoengineering, or “engineering Earth,” to combat climate change. Their ideas include thickening clouds with chemicals to reduce sunlight. Is geoengineering too risky? Or is it our best hope of survival?

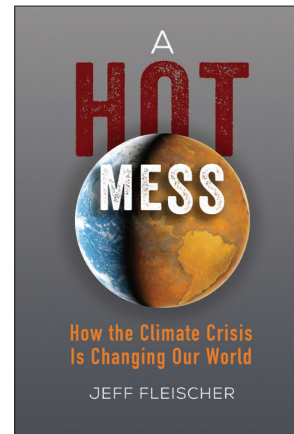
Reading Level Grade 8 **Interest Level** Grades 6-12

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Also Available eBook



A Hot Mess

How the Climate Crisis Is Changing Our World

Jeff Fleischer

Drawing on real-life situations and stories, journalist Jeff Fleischer takes an informed, approachable look at how our world will change as a result of the climate crisis, addressing sea levels, extreme weather, drought, extinction, and migration.

Reading Level Grade 8 **Interest Level** Grades 6-12

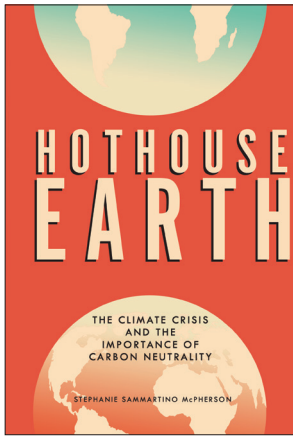
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Hothouse Earth

The Climate Crisis and the Importance of Carbon Neutrality

Stephanie Sammartino McPherson

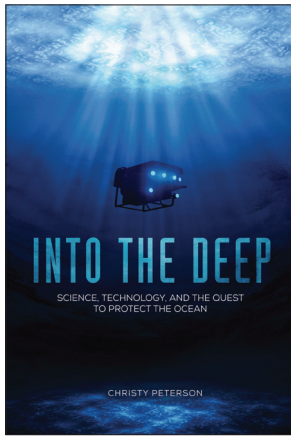
As hurricanes, droughts, floods, and wildfires are increasing in regularity and intensity, climate change can no longer be ignored. Examine how science, politics, and social justice must all be part of the equation to counteract climate change.

Reading Level Grade 8 **Interest Level** Grades 6-12
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★Into the Deep

Science, Technology, and the Quest to Protect the Ocean

Christy Peterson

The planet's oceans are at risk from climate change, pollution, and overfishing. Discover the fascinating technology—from computerized cameras and autonomous underwater vehicles to sonar, laser microscopes, and drones—that oceanographers use to better understand ocean life.

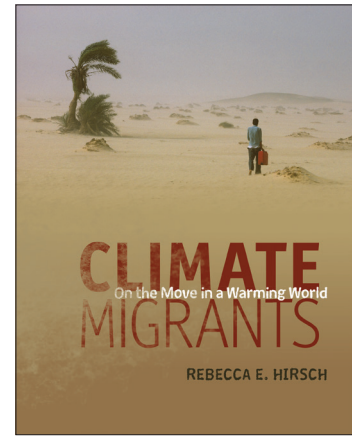
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Climate Migrants

On the Move in a Warming World

Rebecca E. Hirsch

Relocation due to climate change is a reality. Droughts, rising sea levels, and severe storms are leaving some areas unable to support human populations. Where will people go? And how can leaders help?

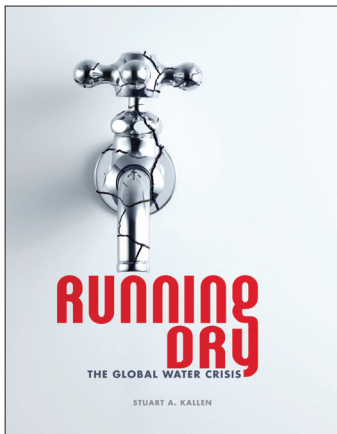
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Lexile 1230 **Pages** 88 **Trim** 7 x 9 ©17

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Running Dry

The Global Water Crisis

Stuart A. Kallen

About one out of every nine people in the world does not have access to safe drinking water, and demand is outstripping supplies. Investigate the global water crisis, from the myriad of causes to the creative efforts to find solutions.

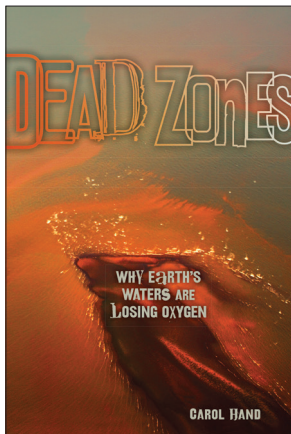
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Dead Zones

Why Earth's Waters Are Losing Oxygen

Carol Hand

Every summer a dead zone—a region of low oxygen—emerges in Gulf Coast waters. Fish and other animals cannot survive in these areas. What causes dead zones? Can they be eliminated? Can we restore the health of our waters?

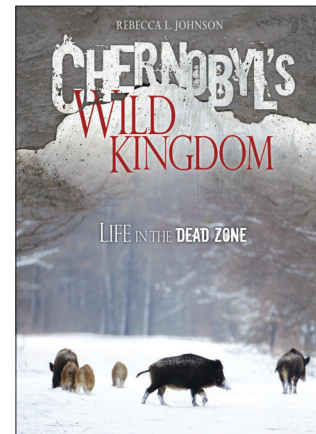
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★Chernobyl's Wild Kingdom

Life in the Dead Zone

Rebecca L. Johnson

After the 1986 Chernobyl nuclear explosion, scientists believed radiation would create a barren wasteland. Today the Dead Zone is teeming with wildlife. But every plant and animal is radioactive, so how is this possible?

Reading Level Grade 7 **Interest Level** Grades 6-12

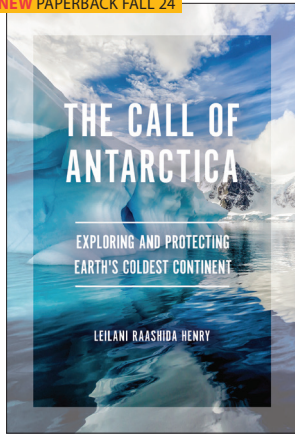
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NEW PAPERBACK FALL 24



The Call of Antarctica

Exploring and Protecting Earth's Coldest Continent

Leilani Raashida Henry

Author Leilani Raashida Henry, daughter of the first person of African descent to go to Antarctica, recounts her father's expedition and reveals the incredible geography, biodiversity, and history of the continent.

Reading Level Grade 8 **Interest Level** Grades 6-12

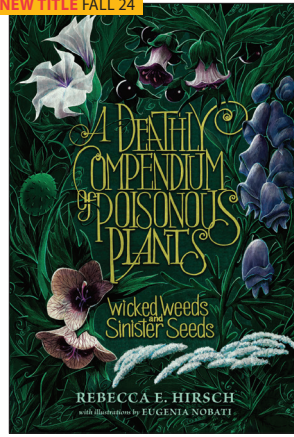
Lexile 1100 **Pages** 128 **Trim** 6 x 9 ©22

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Also Available **eBook**

NEW TITLE FALL 24



★A Deathly Compendium of Poisonous Plants

Wicked Weeds and Sinister Seeds

Rebecca E. Hirsch

A must for fans of science and history—and also armchair detectives—this entertaining and informative illustrated compendium delves into nature's deadliest plants and their fascinating histories as implements of medicine, warfare, and foul play.

Reading Level Grade 8 **Interest Level** Grades 7-12

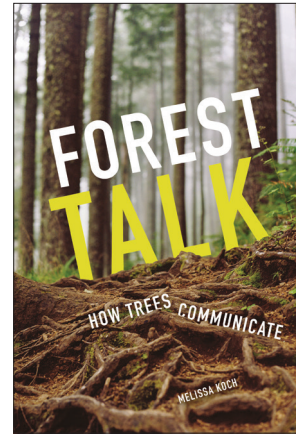
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Forest Talk

How Trees Communicate

Melissa Koch

Researchers discovered that trees can communicate with each other through a system of soil fungi. Complex social networks help trees survive by transferring resources to each other, sending defense signals, and more. Meet the scientists and learn more.

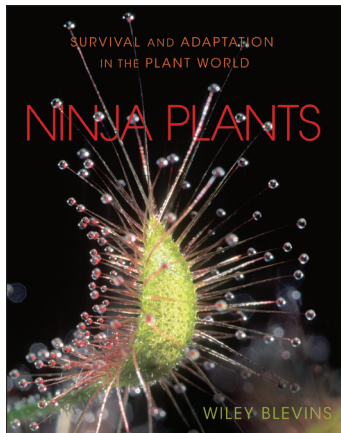
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Ninja Plants

Survival and Adaptation in the Plant World

Wiley Blevins

What can attack but has no hands? A plant! Some plants have ways of luring insects for pollination. Others are carnivorous and eat insects or small animals. This fascinating world of ninja plants is waiting to be discovered.

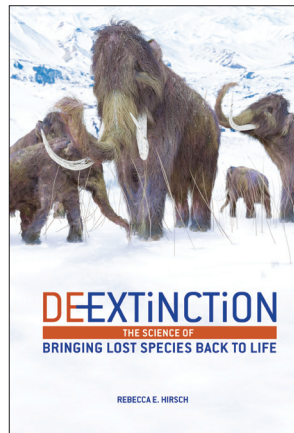
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De-Extinction

The Science of Bringing Lost Species Back to Life

Rebecca E. Hirsch

Using techniques such as cloning, scientists want to reverse extinction and return some lost animal species to the wild. But should they? Explore the pros and cons of de-extinction and the cutting-edge science that makes it possible.

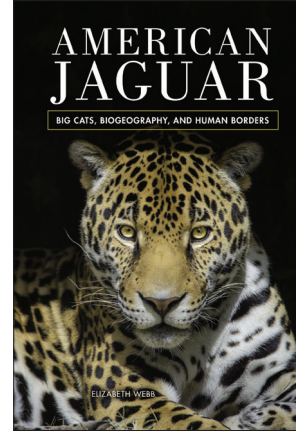
Reading Level Grade 8 **Interest Level** Grades 6-12

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★American Jaguar

Big Cats, Biogeography, and Human Borders

Elizabeth Webb

In the borderlands between the US and Mexico, the American jaguar is fighting to regain its kingdom. Its biggest threat: habitat fragmentation created by roads, farms, mines—and the border wall. Learn how scientists want to protect this keystone species.

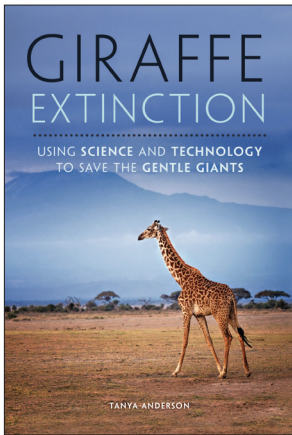
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Giraffe Extinction

Using Science and Technology to Save the Gentle Giants

Tanya Anderson

Without most people noticing, the population of wild giraffes has decreased by nearly 40 percent since 1985, making them an endangered species. Examine the threats giraffes face from humans, and meet the scientists working to save these gentle giants.

Reading Level Grade 8 **Interest Level** Grades 6-12
Lexile 1120 **Pages** 128 **Trim** 6 x 9 ©20

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Shark Quest

Protecting the Ocean's Top Predators

Karen Romano Young

Sharks are in trouble. Fifty shark species are at risk of extinction, and another sixty-three are threatened. Learn how researchers, citizen scientists, and conservationists work together to protect sharks from overfishing, pollution, climate change, and a rise in predators.

Reading Level Grade 8 **Interest Level** Grades 6-12

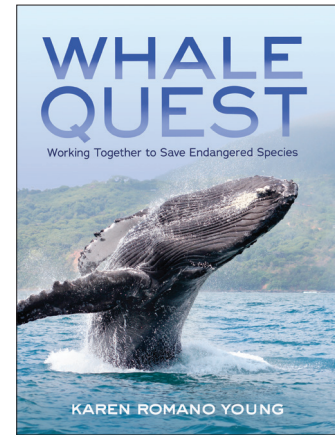
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Whale Quest

Working Together to Save Endangered Species

Karen Romano Young

Meet the scientists, citizen scientists, researchers, whale watching guides, and other concerned citizens who are working together to protect whale populations around the globe. And find out how you, too, can join the effort to protect Earth's largest mammals.

Reading Level Grade 8 **Interest Level** Grades 6-12

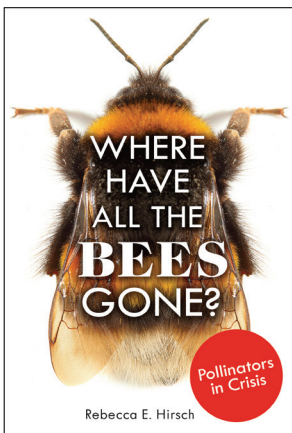
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★Where Have All the Bees Gone?

Pollinators in Crisis

Rebecca E. Hirsch

Bumblebees are the main pollinators for many of our food products, and they are disappearing. Examine the history of bees, the role of wild bees in food production and habitats, and the serious threats they are facing—and how we can help.

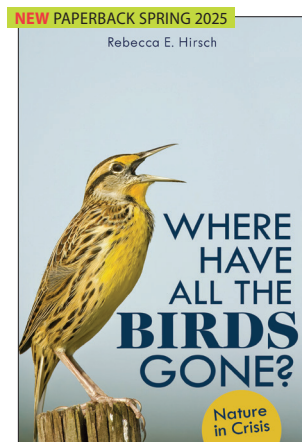
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Lexile 1060 **Pages** 104 **Trim** 6 x 9 ©20

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★Where Have All the Birds Gone?

Nature in Crisis

Rebecca E. Hirsch

In the face of rapidly declining bird populations, read about the vast impacts birds have on ecosystems, food systems, and our mental health and what we can do to protect them.

Reading Level Grade 8 **Interest Level** Grades 8-12

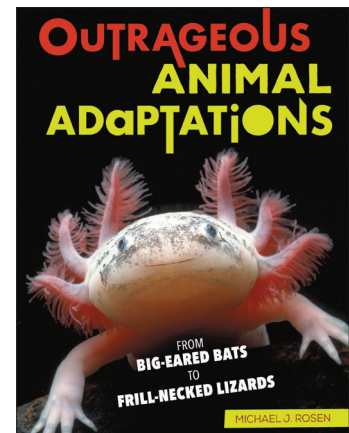
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Outrageous Animal Adaptations

From Big-Eared Bats to Frill-Necked Lizards

Michael J. Rosen

A fish that walks on land, a frog that makes its own sunscreen, and an insect that can become invisible? These are just a few examples of how Earth's creatures have evolved some outrageous features and tricks to ensure survival.

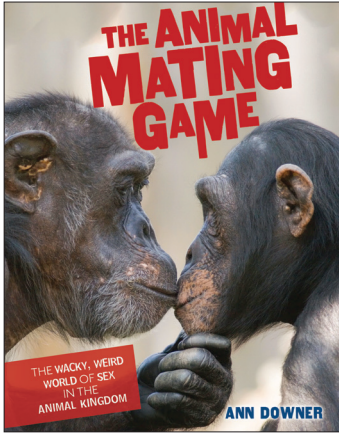
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The Animal Mating Game

The Wacky, Weird World of Sex in the Animal Kingdom

Ann Downer

Learn about the behavioral-biological science of courtship and mating rituals in the animal kingdom. Coverage includes lobsters, spiders, snakes, parrots, chimps, seals, whales, wolves, giraffes, salmon, and more.

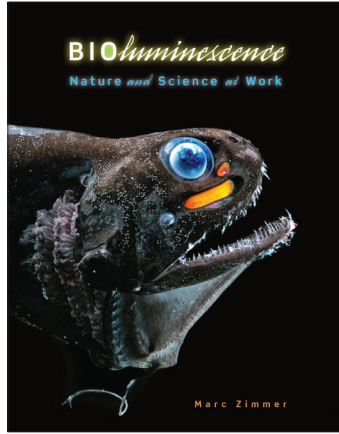
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★Bioluminescence

Nature and Science at Work

Marc Zimmer

This stunning look at bioluminescence reveals the variety of animals that glow in the dark. The book explains the phenomenon and explores the fascinating uses to which modern science is putting the proteins associated with bioluminescence.

Reading Level Grade 8 **Interest Level** Grades 6-12

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Glowing Bunnies!?

Why We're Making Hybrids, Chimeras, and Clones

Jeff Campbell

Modern genetic technology has the potential to remake animals in almost any way we can imagine. With reassuring, wry humor, *Glowing Bunnies!?* explores the possibilities, dangers, and ethical issues of bioengineering.

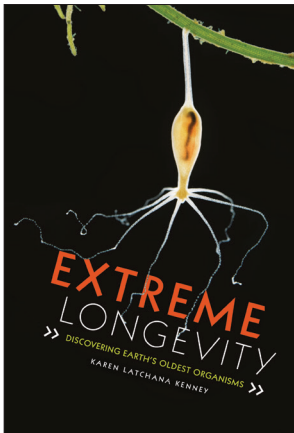
Reading Level Grade 6 **Interest Level** Grades 6-12

Lexile 1140 **Pages** 208 **Trim** 6 x 9 ©22

Zest Books™

Paperback \$19.99 9781541599307

Also Available **eBook**



Extreme Longevity

Discovering Earth's Oldest Organisms

Karen Latchana Kenney

Earth is filled with extremely long-lived species, from 11,000-year-old deep-sea sponges to 400-year-old sharks. Learn more about whales, jellyfish, giant tortoises, stromatolites, and other aged animals. Discover how scientists date longevity and what they are learning about aging mechanisms.

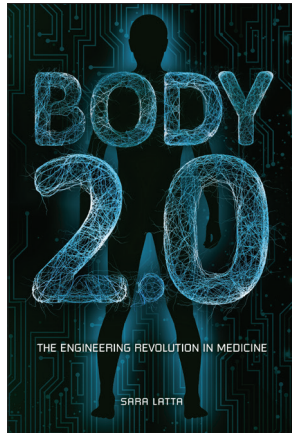
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1100 **Pages** 104 **Trim** 6 x 9 ©19

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Hardcover \$27.99 (List \$37.32) 9781512483727

Also Available **eBook**



★Body 2.0

The Engineering Revolution in Medicine

Sara Latta

Meet scientists who are on the verge of breakthroughs in biomedical engineering. From encouraging the body to regenerate damaged bone and muscle tissue to re-routing visual stimuli to the brain to help blind people see, these discoveries will change medicine radically.

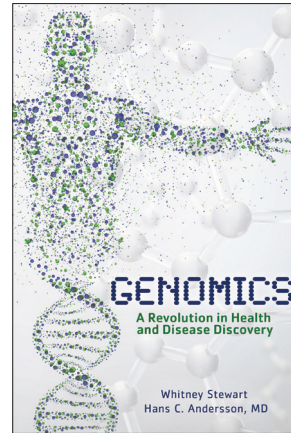
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1170 **Pages** 96 **Trim** 6 x 9 ©20

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★Genomics

A Revolution in Health and Disease Discovery

Hans C. Andersson, MD, and Whitney Stewart

Since the completion of the Human Genome Project, the field of genetic studies has transitioned into an era of discovery. Explore the breakthroughs in research that inform our understanding of ancestry, inheritance, epigenetics, health, and medicine.

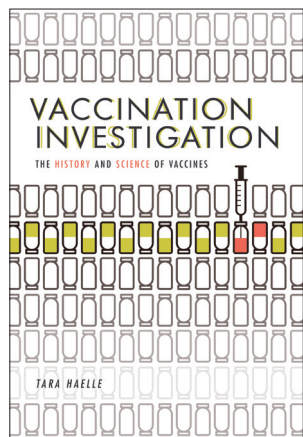
Reading Level Grade 8 **Interest Level** Grades 6-12

Pages 144 **Trim** 6 x 9 ©21

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Also Available **eBook**



★ Vaccination Investigation

The History and Science of Vaccines

Tara Haelle

Although public health officials recommend a series of vaccines for all children, not everyone gets the vaccines they need. Learn about the fascinating history of vaccines, their important role in protecting community health, and the excitement of cutting-edge research.

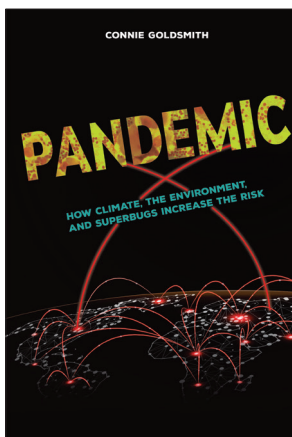
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1160 **Pages** 120 **Trim** 6 x 9 ©18

Twenty-First Century Books™ ★ Kirkus

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Also Available eBook



Pandemic

How Climate, the Environment, and Superbugs Increase the Risk

Connie Goldsmith

Throughout history, several deadly pandemics brought humanity to its knees, killing millions, and recent outbreaks of Ebola and Zika took coordinated international efforts to prevent them from spreading. See how epidemiologists study past pandemics to try to control the spread of disease in the future.

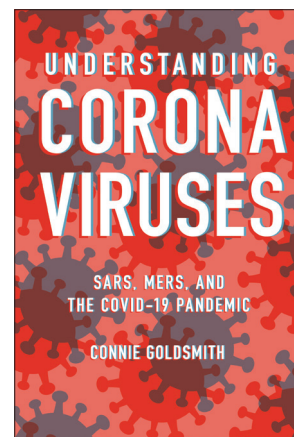
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Lexile 1150 **Pages** 136 **Trim** 6 x 9 ©19

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Also Available eBook



Understanding Coronaviruses

SARS, MERS, and the COVID-19 Pandemic

Connie Goldsmith

While many scientists believed influenza would cause the next pandemic, no one was prepared for the new strain of coronavirus that appeared in 2019. *Understanding Coronaviruses* examines SARS-CoV-2, its origin, its impact on daily life, and how COVID-19 compares to other coronavirus diseases.

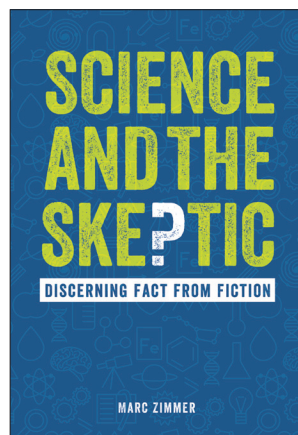
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Lexile 1110 **Pages** 144 **Trim** 6 x 9 ©22

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Also Available eBook



★ Science and the Skeptic

Discerning Fact from Fiction

Marc Zimmer

Fake news and pseudoscience have unprecedented reach on social media platforms. Chemistry professor Marc Zimmer explains how science is done, why some people want to trick others, and why false information is dangerous. He empowers readers to identify trustworthy sources with 25 easy-to-follow rules.

Reading Level Grade 8 **Interest Level** Grades 8-12

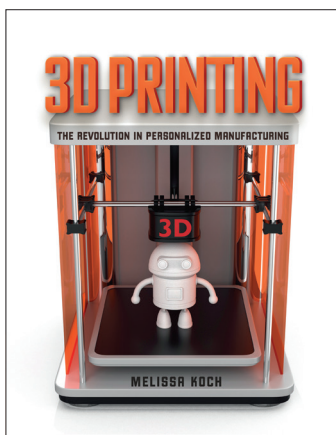
Lexile 1260 **Pages** 120 **Trim** 6 x 9 ©22

Twenty-First Century Books™ ★ Booklist

★ School Library Journal

Hardcover \$27.99 (List \$37.32) 9781728419459

Also Available eBook



3D Printing

The Revolution in Personalized Manufacturing

Melissa Koch

3D printing was once only science fiction, but inventors are now using 3D printing in real life for many innovative purposes. Learn how 3D printing works and how we might deal with the safety, health, and legal issues surrounding it.

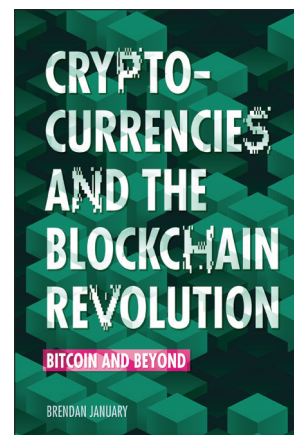
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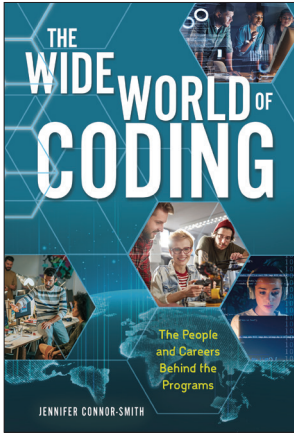
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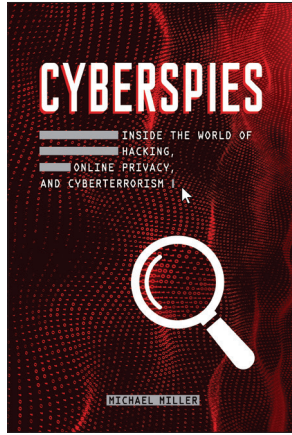
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Reading Level Grade 8 **Interest Level** Grades 6-12

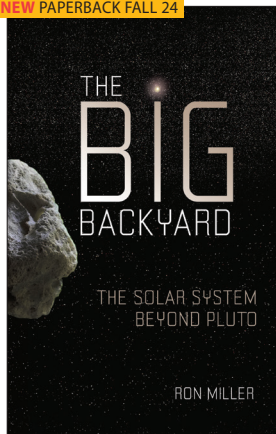
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Reading Level Grade 8 **Interest Level** Grades 8-12

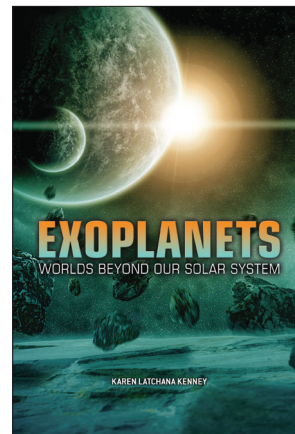
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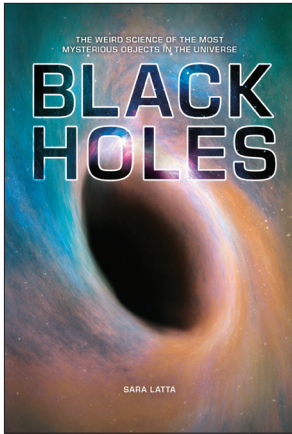
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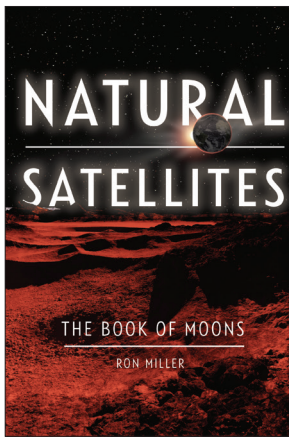
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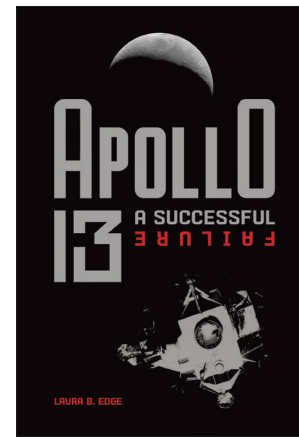
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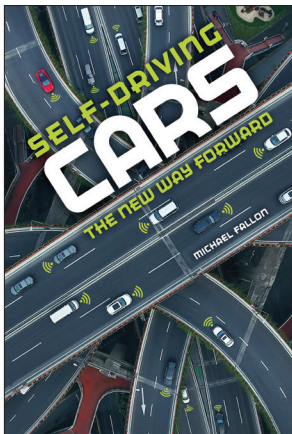
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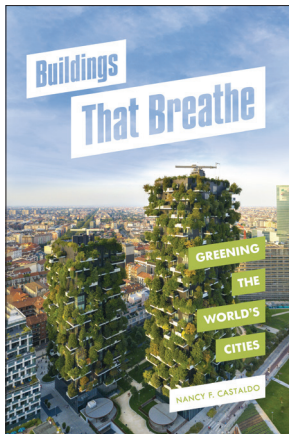
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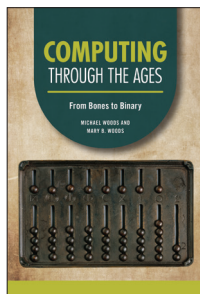
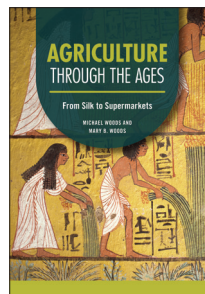
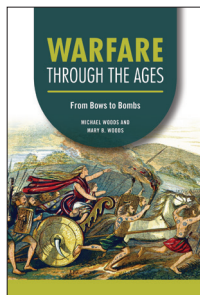
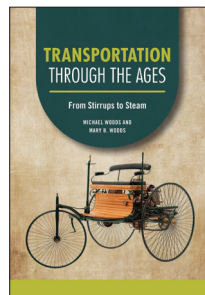
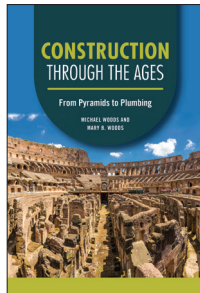
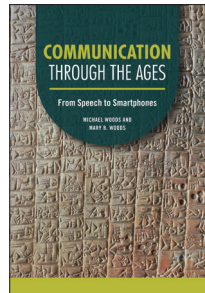
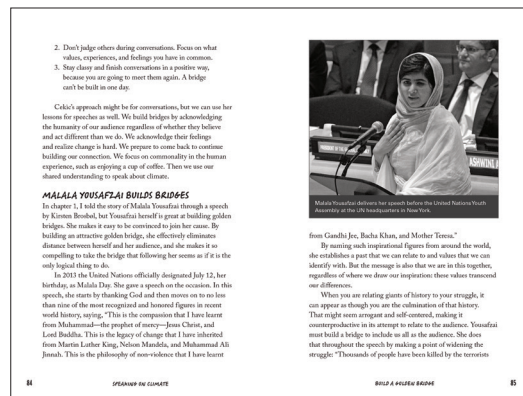
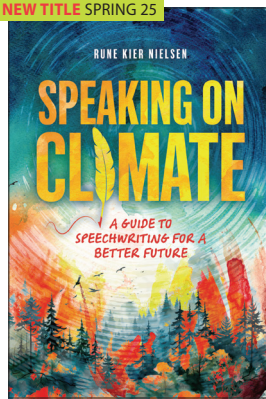
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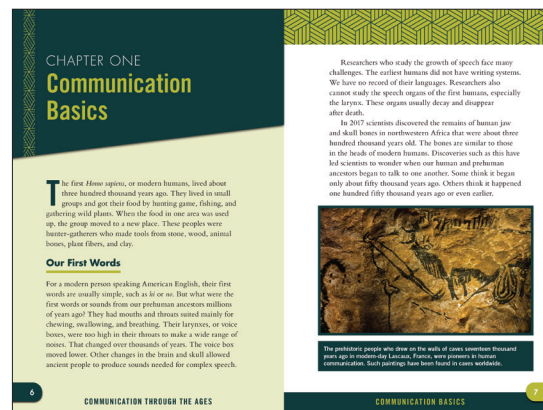
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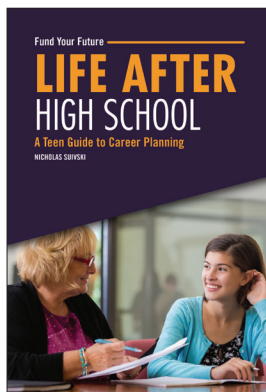
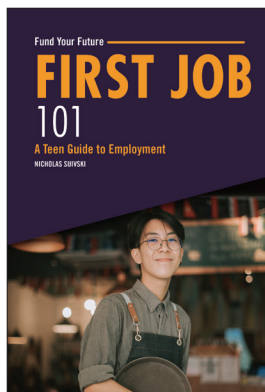
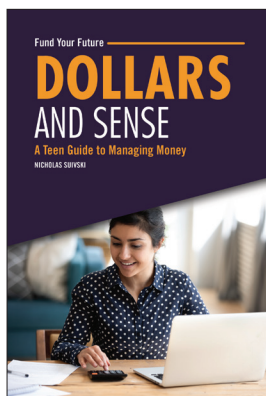
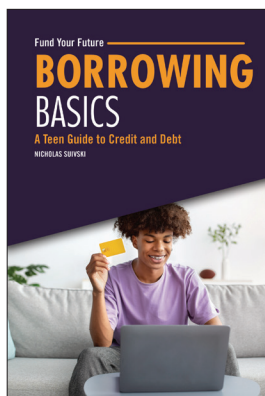
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Understanding Credit in the United States

Credit plays an important role in the financial lives of many Americans. Credit can be a powerful tool and can help people do things like buy a home, finance a car, or pay for college. Here are some statistics about how credit is used within the United States.

Credit card debt
Value of credit card debt held by Americans: \$930.6 billion at the end of 2022
Percentage of Americans with credit card debt: 45 percent

Mortgages debt
Value of mortgage debt held by Americans: \$11.92 trillion at the end of 2022
Percentage of Americans with mortgage debt: 40 percent

Student loans
Value of student loan debt held by Americans: \$1.76 trillion as of September 2022
Percentage of Americans with student loan debt: 21 percent

Source: New York Federal Reserve's Household Credit and Debt Report
Survey of Consumer Finances

entrepreneur Mark Cuban says, "You're better off paying off any debt you have because that's a guaranteed return." It's almost always a good idea to pay off the debt you have before taking on any new debt or credit, both for your credit score and your own peace of mind.

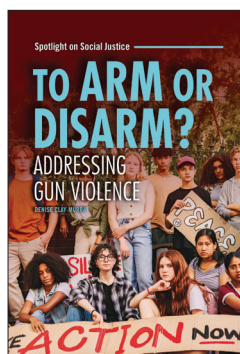
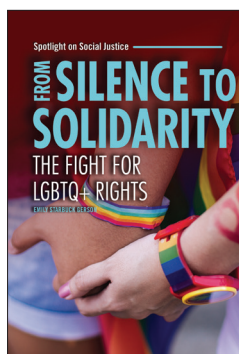
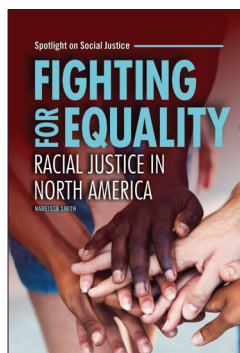
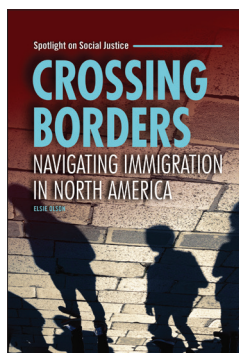
Start with debts that have the highest interest rates.

Dealing with debt can make you feel anxious, but paying off your debt is rewarding and gives you more control over your finances.

These will end up costing you the most in the long run, so pay them off soon before they have a chance to grow out of control. Then move on to repaying any debts you have with lower interest rates. When possible, consider paying off loans entirely rather than paying them off gradually. Not only does this provide a sense of accomplishment and relief, it also stops the loan from accumulating more interest.

In some cases, you can negotiate with lenders to lower payments or change payment plans to better fit your current situation. You can also talk to a finance expert or do your own research to find debt relief options available through the government or financial institutions. If you're not sure how to do this, you can ask a parent or trusted adult for help.

One of the best ways to stay out of bad debt is to avoid high-interest loans and credit cards that you can't repay right away, such as high-interest car loans, payday loans, credit card



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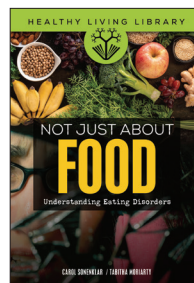
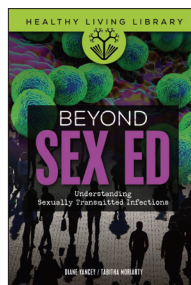
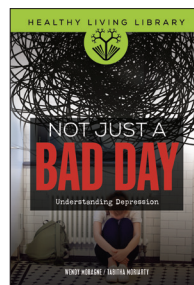
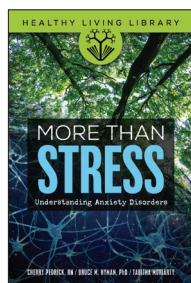
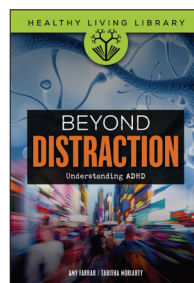
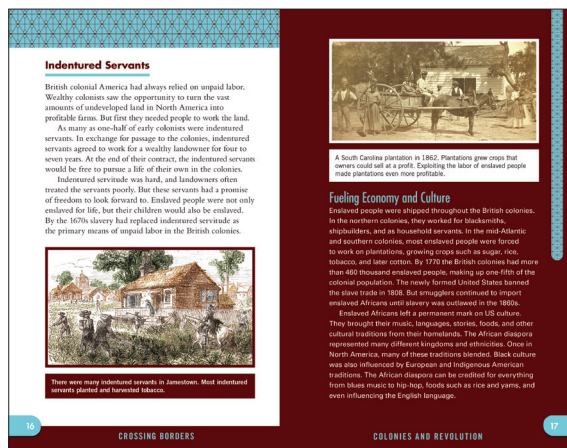
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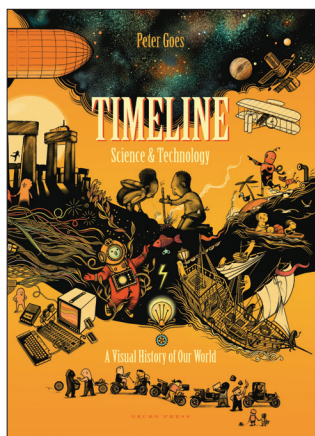
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★ Timeline

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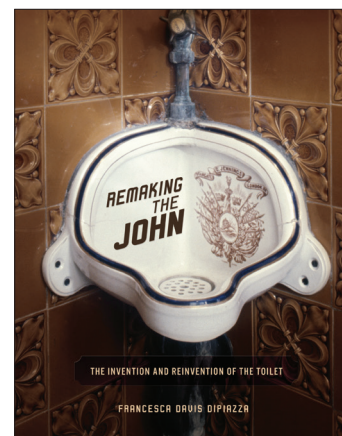
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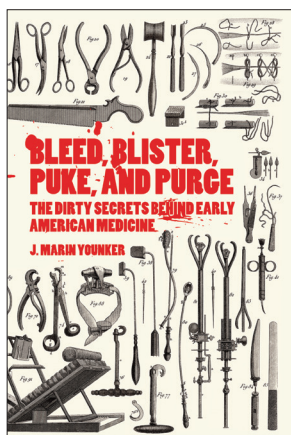
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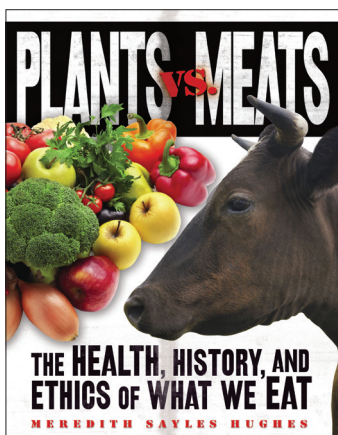
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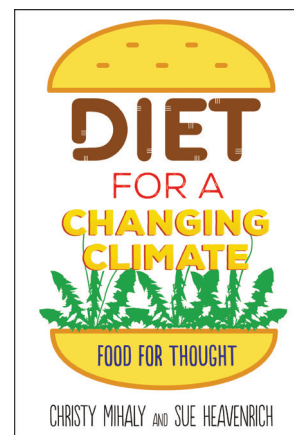
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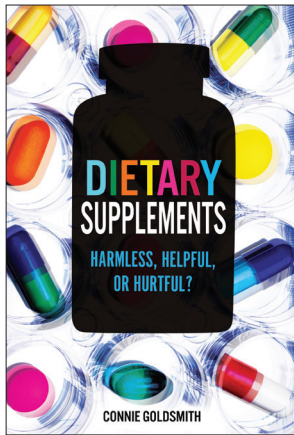
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Connie Goldsmith

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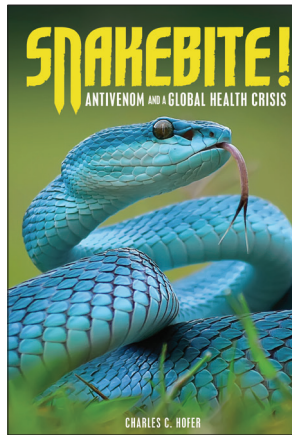
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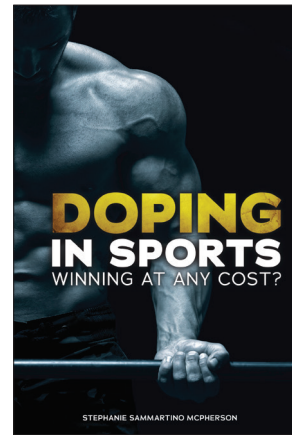
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Doping in Sports

Winning at Any Cost?

Stephanie Sammartino McPherson

Behind big-time sports is a complex web of deceit surrounding performance-enhancing drugs. Uncover the world of athletes who dope, the people who help them, and the officials committed to stopping them.

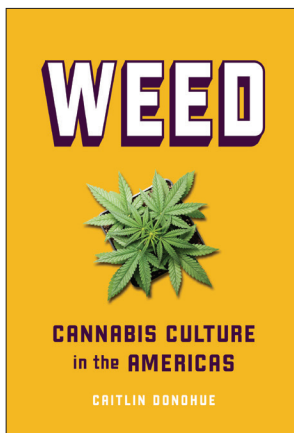
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1280 **Pages** 104 **Trim** 6 x 9 ©16

Twenty-First Century Books™

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Weed

Cannabis Culture in the Americas

Caitlin Donohue

Culture writer Caitlin Donohue uses interviews with medical researchers, educators, activists, artists, business leaders, and other experts to craft an inclusive and comprehensive overview of cannabis in the Western Hemisphere for young adults.

Reading Level Grade 8 **Interest Level** Grades 9-12

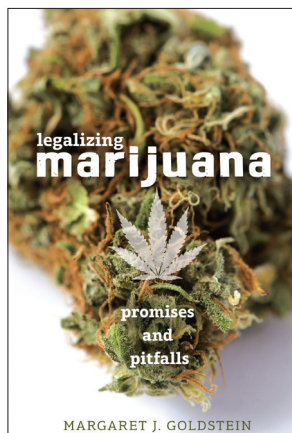
Pages 184 **Trim** 5½ x 8¼ ©23

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Paperback \$18.99 9781728429540

Also Available  **eBook**



★Legalizing Marijuana

Promises and Pitfalls

Margaret J. Goldstein

Currently, medical marijuana is legal in twenty-three US states, and recreational use is allowed in four. Learn about the movement to legalize marijuana and what it means for patients, state economies, and legal systems.

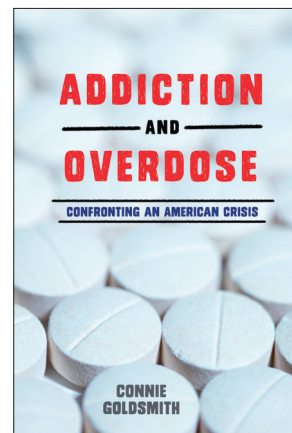
Reading Level Grade 8 **Interest Level** Grades 7-12

Lexile 1310 **Pages** 104 **Trim** 6 x 9 ©17

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Also Available  **eBook**



Addiction and Overdose

Confronting an American Crisis

Connie Goldsmith

Drug overdosing and death from prescription painkillers and heroin are at epidemic levels in the United States. How do people become addicted and why? Discover the social and economic costs of overdosing and learn about research and efforts to decrease it.

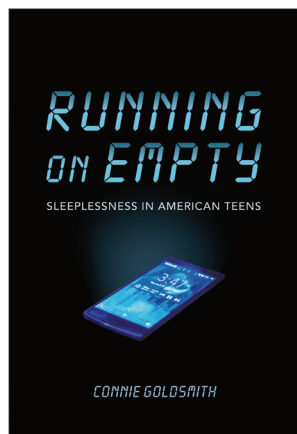
Reading Level Grade 8 **Interest Level** Grades 8-12

Lexile 1160 **Pages** 128 **Trim** 6 x 9 ©18

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Also Available  **eBook**



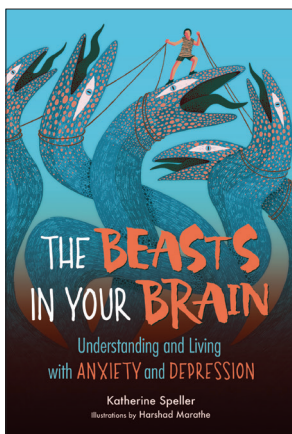
Running on Empty

Sleeplessness in American Teens

Connie Goldsmith

Teens are one of the populations most affected by poor sleep. Investigate how lack of sleep impacts stress levels, academic performance, and physical and mental health. Learn why sleep is vital and discover how to get better sleep every night.

Reading Level Grade 8 **Interest Level** Grades 6-12
Lexile 1050 **Pages** 112 **Trim** 6 x 9 ©21
 Twenty-First Century Books™
Hardcover \$27.99 (List \$37.32) 9781728415765
 Also Available eBook



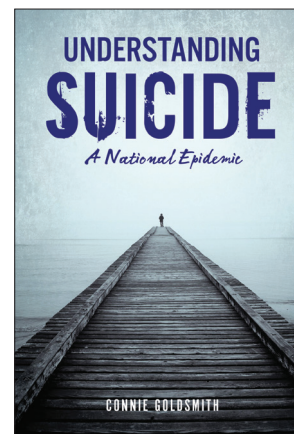
★The Beasts in Your Brain

Understanding and Living with Anxiety and Depression

Katherine Speller

A clever, approachable, and empathetic read that reminds readers they are not alone in their feelings, teaches them the science of mental illness, and empowers them to quell the brain beasts of depression and anxiety.

Reading Level Grade 8 **Interest Level** Grades 8-12
Pages 144 **Trim** 5½ x 8¼ ©23
 Zest Books™ ★School Library Journal
Hardcover \$28.99 (List \$38.65) 9781541599253
Paperback \$18.99 9781728417202
 Also Available eBook



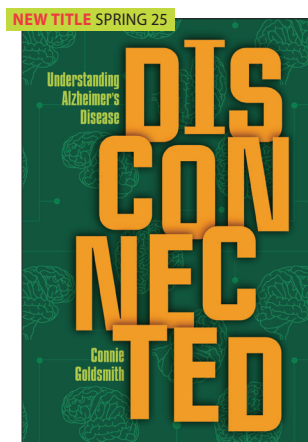
Understanding Suicide

A National Epidemic

Connie Goldsmith

What causes people to take their lives? How can suicides be prevented? Author Connie Goldsmith examines risk factors, warning signs, ways to reach out to a suffering loved one, and precautions that can save lives.

Reading Level Grade 8 **Interest Level** Grades 7-12
Lexile 1200 **Pages** 112 **Trim** 6 x 9 ©17
 Twenty-First Century Books™
Hardcover \$26.99 (List \$35.99) 9781467785709
 Also Available eBook



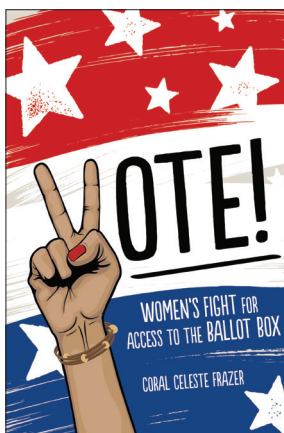
Disconnected

Understanding Alzheimer's Disease

Connie Goldsmith

Alzheimer's disease is a dementia that affects the memory, thinking, and behavior of millions of Americans. Understand more about what Alzheimer's is through a look at its stages, current clinical research, caregiver accounts, and more.

Reading Level Grade 8 **Interest Level** Grades 6-12
Pages 128 **Trim** 6 x 9 ©25
 Twenty-First Century Books™ **On Sale** 2/4/2025
Hardcover \$27.99 (List \$37.32) 9798765627594
 Also Available eBook



Vote!

Women's Fight for Access to the Ballot Box

Coral Celeste Frazer

August 18, 2020, marked the 100th anniversary of the 19th Amendment to the US Constitution, ensuring women's right to vote. Learn about the 70-year-long fight for women's suffrage and see how it led to later civil rights and feminist movements.

Reading Level Grade 8 **Interest Level** Grades 6-12
Lexile 1080 **Pages** 120 **Trim** 6 x 9 ©20
 Twenty-First Century Books™
Hardcover \$27.99 (List \$37.32) 9781541528154
 Also Available eBook



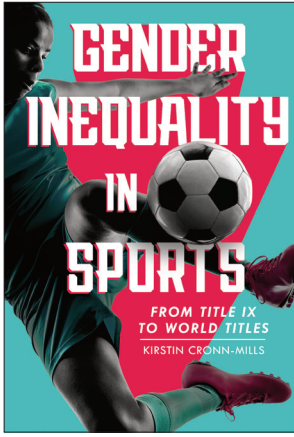
★Feminism

Reinventing the F-Word

Nadia Abushanab Higgins

While most people believe in equal rights, the word "feminism" makes people uncomfortable. Explore the history of US feminism and learn what it means to be a feminist—and why some criticize it.

Reading Level Grade 8 **Interest Level** Grades 6-12
Lexile 1170 **Pages** 112 **Trim** 6 x 9 ©16
 Twenty-First Century Books™ ★Booklist ★VOYA
Hardcover \$26.99 (List \$35.99) 9781467761475
 Also Available eBook



Gender Inequality in Sports

From Title IX to World Titles

Kirstin Cronn-Mills

A comprehensive view of gender inequality in sports, this book details the continued struggle against unequal pay, discrimination, and sexism despite the landmark Title IX legislation.

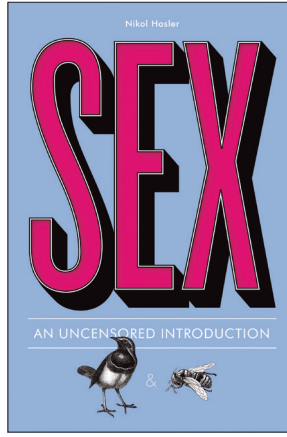
Reading Level Grade 8 **Interest Level** Grades 8-12

Lexile 1240 **Pages** 120 **Trim** 6 x 9 ©22

Twenty-First Century Books™

Hardcover \$27.99 (List \$37.32) 9781728419473

Also Available eBook



Sex

An Uncensored Introduction

Nikol Hasler illus. Michael Capozzola

An honest, in-depth guide to sex, sexual orientation, masturbation, foreplay, birth control options, and protection against disease. Updates include everything from STIs to new legislation, sexting to online dating and safety, and sex-related bullying of all kinds.

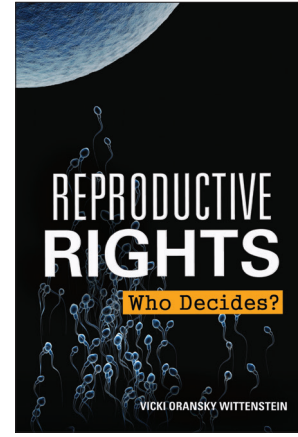
Reading Level Grade 8 **Interest Level** Grades 8-12

Pages 192 **Trim** 5½ x 8¼ ©15

Zest Books™

Paperback \$14.99 9781936976843

Also Available eBook



★ Reproductive Rights

Who Decides?

Vicki Oransky Wittenstein

Examine reproductive rights through a historical lens, from early methods for family planning to the introduction of the Pill in the 1960s, the Roe v Wade decision of the 1970s, and contemporary battlegrounds.

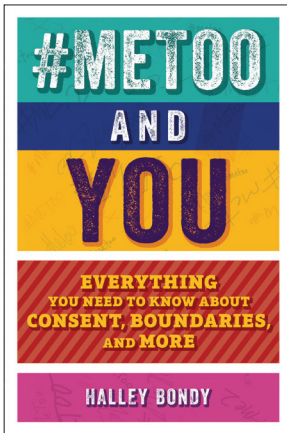
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1270 **Pages** 160 **Trim** 6 x 9 ©16

Twenty-First Century Books™ ★Booklist

Hardcover \$28.99 (List \$38.65) 9781467741873

Also Available eBook



★ #MeToo and You

Everything You Need to Know about Consent, Boundaries, and More

Halley Bondy illus. Timothy Corbett

Author Halley Bondy explores the nuances of emotions, comfort, and discomfort in sexually charged and emotionally abusive situations. Tween readers will learn about consent, harassment, abuse, and healthy boundaries in all types of relationships.

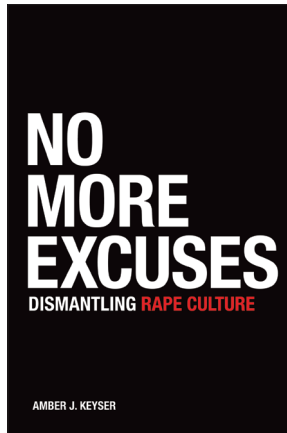
Reading Level Grade 6 **Interest Level** Grades 6-12

Lexile 940 **Pages** 200 **Trim** 5½ x 8¼ ©21

Zest Books™

Paperback \$14.99 9781541581593

Also Available eBook



★ No More Excuses

Dismantling Rape Culture

Amber J. Keyser

The #MeToo movement opened up an explosive conversation around the globe. Learn about the foundations of rape culture and how to dismantle it through redefining healthy manhood and sexuality, improving legal systems and workplace environments, evaluating media critically, and speaking out.

Reading Level Grade 8 **Interest Level** Grades 8-12

Lexile 1090 **Pages** 144 **Trim** 6 x 9 ©19

Twenty-First Century Books™ ★School Library Journal

Hardcover \$27.99 (List \$37.32) 9781541540200

Also Available eBook



★ Things We Haven't Said

Sexual Violence Survivors Speak Out

Erin Moulton

A powerful collection of poems, essays, letters, and interviews written by a diverse group of adults who survived sexual violence as children and adolescents. This valuable resource will help teens upend stigma and create a better future.

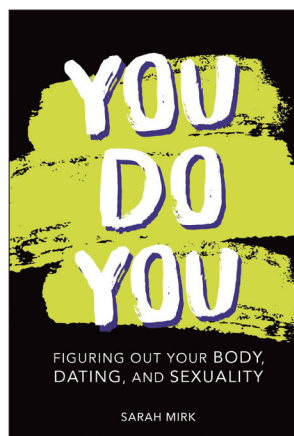
Reading Level Grade 8 **Interest Level** Grades 8-12

Pages 208 **Trim** 5½ x 8¼ ©18

Zest Books™ ★Kirkus ★Booklist

Paperback \$16.99 9781942186342

Also Available eBook



★You Do You

Figuring Out Your Body, Dating, and Sexuality

Sarah Mirk

In this inclusive and supportive overview, readers are empowered with information about sexuality: the basics of human reproduction and development, birth control, gender identity, the importance of consent, safety, communication, relationships and break ups, body positivity, media myths, and more.

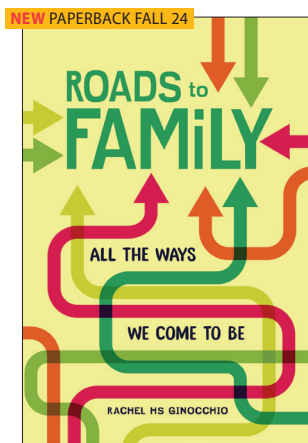
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 950 **Pages** 120 **Trim** 6 x 9 ©20

Twenty-First Century Books™ ★Kirkus

Hardcover \$27.99 (List \$37.32) 9781541540224

Also Available eBook



★Roads to Family

All the Ways We Come to Be

Rachel HS Ginocchio and MPH

Examine—and appreciate—the many ways in which people can create a family. This informative compendium goes beyond the basics of sexual reproduction to examine the diversity of methods people use, including in-vitro fertilization, surrogacy, adoption, and more.

Reading Level Grade 6 **Interest Level** Grades 6-12

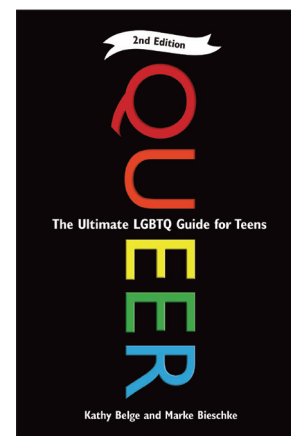
Pages 144 **Trim** 6 x 9 ©23

Twenty-First Century Books™ ★Booklist

Hardcover \$27.99 (List \$37.32) 9781728424545

Paperback \$18.99 9798765643327

Also Available eBook



Queer, 2nd Edition

The Ultimate LGBTQ Guide for Teens

Kathy Belge and Marke Bieschke

Teen life is hard enough, but for LGBTQ (lesbian, gay, bisexual, transgender, queer) teens, it can be even harder. This updated, revised edition will help make everything, from crushes to coming out, a little easier.

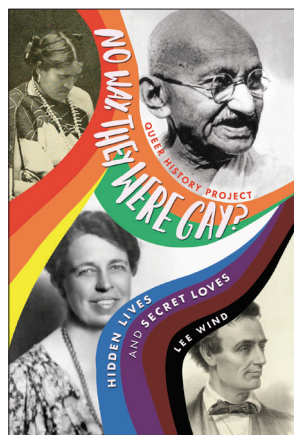
Reading Level Grade 6 **Interest Level** Grades 6-12

Lexile 1030 **Pages** 208 **Trim** 5½ x 8¼ ©19

Zest Books™

Paperback \$16.99 9781942186489

Also Available eBook



★No Way, They Were Gay?

Hidden Lives and Secret Loves

Lee Wind

History has often ignored men who loved men, women who loved women, and people who lived outside gender boundaries. Lee Wind examines primary source letters, poems, and more to rethink the lives and loves of historical figures.

Reading Level Grade 6 **Interest Level** Grades 6-12

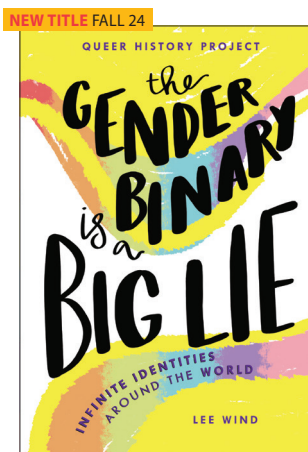
Pages 296 **Trim** 5½ x 8¼ ©21

Zest Books™

Hardcover \$27.99 (List \$37.32) 9781541581586

Paperback \$18.99 9781541581623

Also Available eBook



★The Gender Binary Is a Big Lie

Infinite Identities around the World

Lee Wind

Author Lee Wind takes readers on a journey to examine gender identity and representation throughout history—from ancient third-gender burial sites to people identifying as gender fluid today. Learn how cultures past and present debunk the idea of a gender binary.

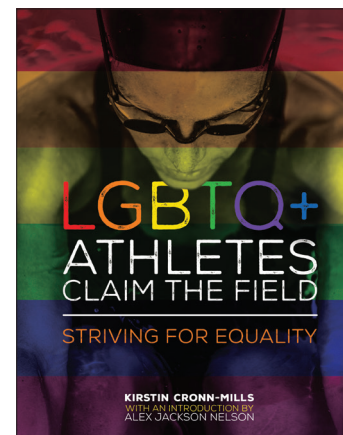
Reading Level Grade 6 **Interest Level** Grades 6-9

Pages 312 **Trim** 5½ x 8¼ ©24

Zest Books™ **On Sale** 4/2/2024

Hardcover \$29.99 (List \$39.99) 9781728414539

Also Available eBook



★LGBTQ+ Athletes

Claim the Field

Striving for Equality

Kirstin Cronn-Mills and Alex Jackson Nelson

Today, LGBTQ+ athletes are everywhere. But it hasn't always been this way. Social attitudes, institutional policies, and laws have been slow to change, but now LGBTQ+ athletes are finding opportunity and success.

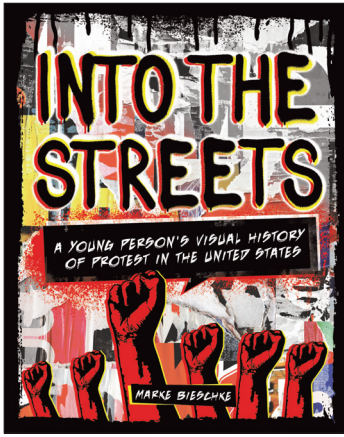
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1230 **Pages** 104 **Trim** 7 x 9 ©17

Twenty-First Century Books™ ★Booklist

Hardcover \$25.99 (List \$34.65) 9781467780124

Also Available eBook



★Into the Streets

A Young Person's Visual History of Protest in the United States

Marke Bieschke

This book guides readers through the art and history of significant protests, sit-ins, and collective acts of resistance throughout US history. Photos, artwork, signs, and other visual elements highlight the history of social action, from American Indian resistance to Black Lives Matter.

Reading Level Grade 8 **Interest Level** Grades 9-12

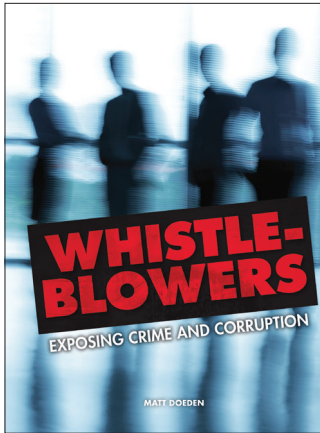
Lexile 1240 **Pages** 176 **Trim** 8 x 10 ©20

Zest Books™ ★School Library Journal

Hardcover \$27.99 (List \$37.32) 9781541579033

Paperback \$19.99 9781541579040

Also Available eBook



Whistle-Blowers

Exposing Crime and Corruption

Matt Doeden

Whistle-blowers expose outrages that come to their attention through access to confidential materials or witnessing illicit behavior. Analyze the issues and draw conclusions about the ethics of blowing the whistle.

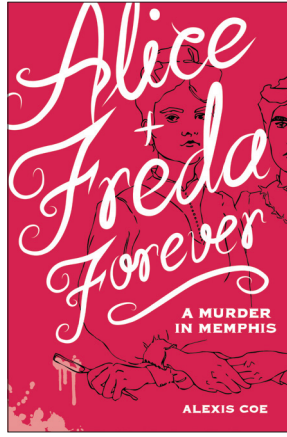
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1160 **Pages** 96 **Trim** 6 x 8½ ©15

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Hardcover \$24.99 (List \$33.32) 9781467742092

Also Available eBook



★Alice + Freda Forever

A Murder in Memphis

Alexis Coe illus. Sally Klann

In 1892, Alice Mitchell planned to pass as a man to marry Freda Ward, but when their love letters were discovered, they were barred from seeing each other. What drove Alice to murder Freda?

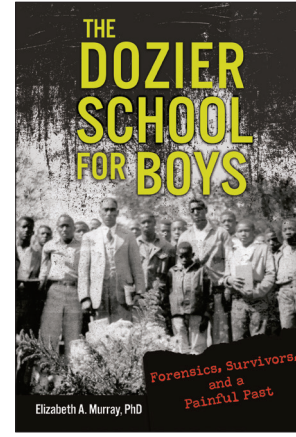
Reading Level Grade 9 **Interest Level** Grades 9-12

Lexile 1210 **Pages** 224 **Trim** 6 x 9 ©14

Zest Books™ ★School Library Journal

Hardcover \$14.24 (List \$18.99) 9781936976607

Also Available eBook



★The Dozier School for Boys

Forensics, Survivors, and a Painful Past

Elizabeth A. Murray, PhD

This true crime story reveals the atrocities at the Dozier School for Boys where, from 1900 to 2001, school officials tortured and killed children in their care. Meet the brave survivors and investigators who brought the crimes to light.

Reading Level Grade 8 **Interest Level** Grades 8-12

Lexile 1090 **Pages** 120 **Trim** 6 x 9 ©20

Twenty-First Century Books™ ★Kirkus ★Booklist

Hardcover \$27.99 (List \$37.32) 9781541519787

Also Available eBook



ISIS

The Global Face of Terrorism

Brendan January

ISIS emerged in the Middle East in the early 2000s, vowing to wage war on those who do not adhere to its interpretation of Islamic law. This in-depth investigation tackles the issues related to the twenty-first-century face of global terrorism.

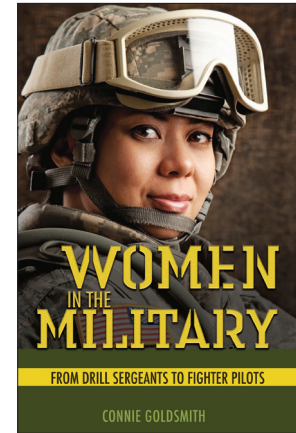
Reading Level Grade 8 **Interest Level** Grades 8-12

Lexile 1070 **Pages** 104 **Trim** 6 x 9 ©18

Twenty-First Century Books™

Hardcover \$27.99 (List \$37.32) 9781512429985

Also Available eBook



Women in the Military

From Drill Sergeants to Fighter Pilots

Connie Goldsmith

Women have served in a multitude of military roles throughout history, including in front-line ground combat troops. Yet no matter their position, they've faced discrimination and even sexual assault. Meet the military women who are standing up for fairness.

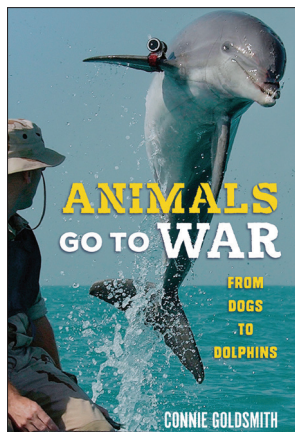
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1100 **Pages** 120 **Trim** 6 x 9 ©19

Twenty-First Century Books™

Hardcover \$27.99 (List \$37.32) 9781541528123

Also Available eBook



Animals Go to War

From Dogs to Dolphins

Connie Goldsmith

From elephants, horses, and dogs to pigeons, dolphins, and rats, animals have accompanied humans into warfare for centuries. Learn how animals have served on the battlefield and whether drones and other technologies may replace them in future conflicts.

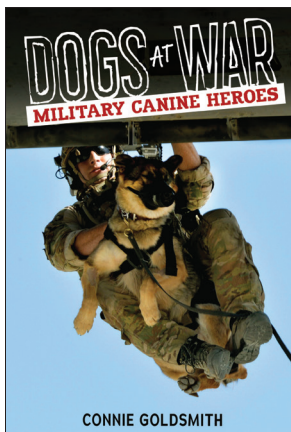
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1120 **Pages** 136 **Trim** 6 x 9 ©19

Twenty-First Century Books™

Hardcover \$27.99 (List \$37.32) 9781512498042

Also Available eBook



Dogs at War

Military Canine Heroes

Connie Goldsmith

In a war zone, military working dogs and their handlers risk their lives for each other every day. Learn what these dogs do and how they are trained, and meet some who have served in military conflicts around the world.

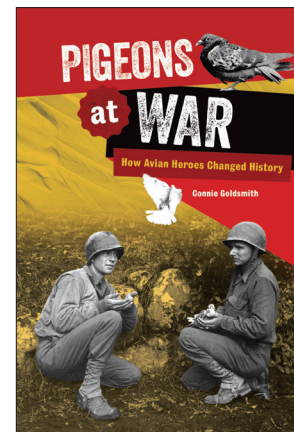
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1170 **Pages** 104 **Trim** 6 x 9 ©17

Twenty-First Century Books™

Hardcover \$26.99 (List \$35.99) 9781512410129

Also Available eBook



Pigeons at War

How Avian Heroes Changed History

Connie Goldsmith

Pigeons were crucial to communications between Allied troops in both world wars. When phone, radio, and telegraph lines were cut or officers needed to send top secret messages, pigeons delivered information from the front. Discover how pigeons accomplished these daring flights.

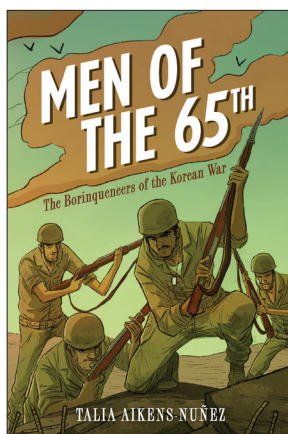
Reading Level Grade 8 **Interest Level** Grades 8-12

Pages 136 **Trim** 6 x 9 ©24

Twenty-First Century Books™

Hardcover \$28.99 (List \$38.65) 9781728487083

Also Available eBook



★ Men of the 65th

The Borinqueneers of the Korean War

Talia Aikens-Nuñez

Nicknamed the Borinqueneers, the 65th Regiment was the envy of generals and the pride of Puerto Rico. How could a regiment known for honorable service in two world wars lay down their arms and refuse to fight in the Korean War?

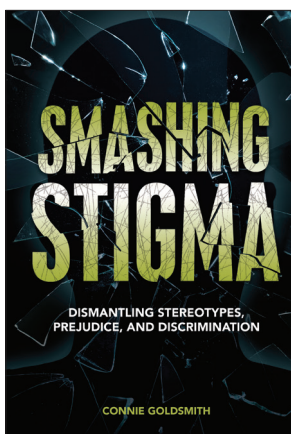
Reading Level Grade 6 **Interest Level** Grades 6-12

Pages 136 **Trim** 6 x 9 ©23

Zest Books™ ★ School Library Journal

Paperback \$19.99 9781728479149

Also Available eBook Audio eBook w/Audio



Smashing Stigma

Dismantling Stereotypes, Prejudice, and Discrimination

Connie Goldsmith

Stigma is everywhere, from mistrust of unhoused people to discrimination based on weight. Discover how to identify and confront stigma and stop the spread of stereotypes, prejudice, and discrimination. Informational text is paired with personal stories.

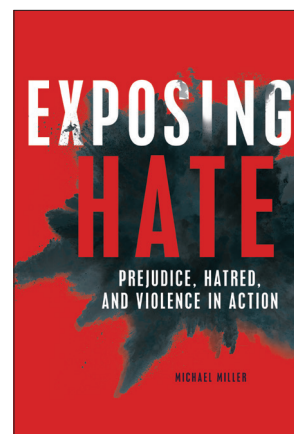
Reading Level Grade 8 **Interest Level** Grades 8-12

Pages 144 **Trim** 6 x 9 ©24

Twenty-First Century Books™

Hardcover \$28.99 (List \$38.65) 9781728477398

Also Available eBook



Exposing Hate

Prejudice, Hatred, and Violence in Action

Michael Miller

What is a hate group and how does it operate? How do we legally define hate speech and hate crimes? What is the history of hate and how do we confront it? Examine these critical questions in this practical investigation.

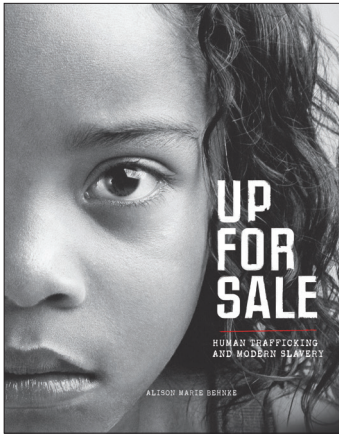
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1180 **Pages** 144 **Trim** 6 x 9 ©19

Twenty-First Century Books™

Hardcover \$27.99 (List \$37.32) 9781541539259

Also Available eBook



★Up for Sale

Human Trafficking and Modern Slavery

Alison Marie Behnke

Up for Sale tackles human trafficking and modern slavery around the world, from forced labor to sexual exploitation. It offers heart-wrenching accounts from survivors and information about the global fight to stop it.

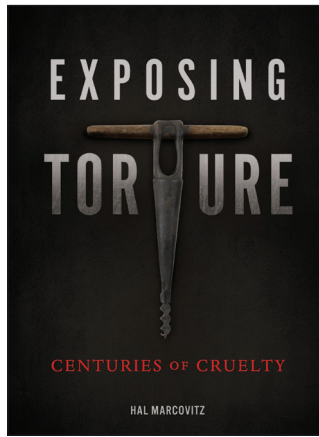
Reading Level Grade 7 **Interest Level** Grades 6-12

Lexile 1150 **Pages** 72 **Trim** 7 x 9 ©15

Twenty-First Century Books™ ★Kirkus

Hardcover \$25.99 (List \$34.65) 9781467716116

Also Available eBook



Exposing Torture

Centuries of Cruelty

Hal Marcovitz

Investigate the use of torture around the globe, and examine tactics from ancient times to today. Victims, perpetrators, and analysts provide multiple points of view to help you decide: is torture ever acceptable?

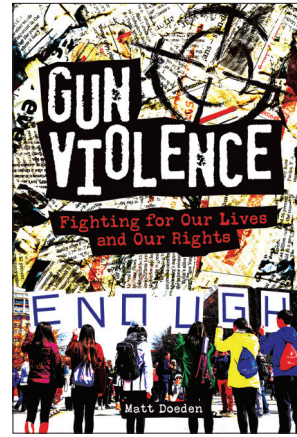
Reading Level Grade 8 **Interest Level** Grades 8-12

Lexile 1230 **Pages** 112 **Trim** 6 x 8 3/16 ©15

Twenty-First Century Books™

Hardcover \$25.99 (List \$34.65) 9781467750493

Also Available eBook



Gun Violence

Fighting for Our Lives and Our Rights

Matt Doeden

In this authoritative exploration of both gun violence and gun control, readers will learn about the tension between Constitutional and legal approaches to the rights of gun owners and proposed restrictions to gun ownership for community safety.

Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1080 **Pages** 112 **Trim** 6 x 9 ©20

Twenty-First Century Books™

Hardcover \$27.99 (List \$37.32) 9781541555549

Also Available eBook



Reimagining Police

The Future of Public Safety

Dr. Artika R. Tyner

Readers will learn about the history of law enforcement, approaches to public safety, and strategies for building a more just and inclusive society in this survey of policing and reform in the United States.

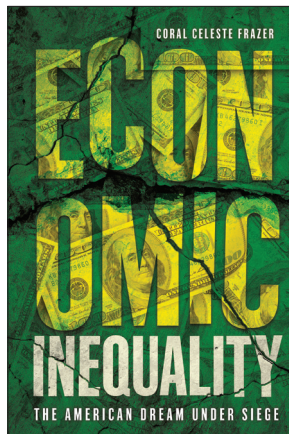
Reading Level Grade 8 **Interest Level** Grades 6-12

Pages 168 **Trim** 6 x 9 ©24

Twenty-First Century Books™

Hardcover \$28.99 (List \$38.65) 9781728449630

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★Economic Inequality

The American Dream under Siege

Coral Celeste Frazer

Millions of Americans don't earn enough money to pay for decent housing, food, health care, and education. Meanwhile the rich keep getting richer. Learn how governments, businesses, and citizens are fighting to close the economic gap.

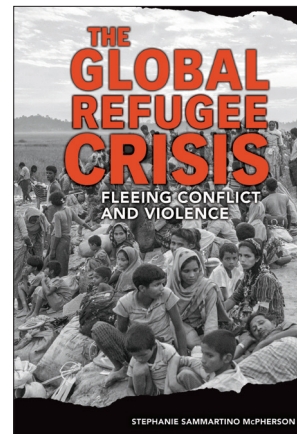
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1110 **Pages** 128 **Trim** 6 x 9 ©18

Twenty-First Century Books™ ★Kirkus ★Booklist

Hardcover \$27.99 (List \$37.32) 9781512431070

Also Available eBook



The Global Refugee Crisis

Fleeing Conflict and Violence

Stephanie Sammartino McPherson

Around the world, millions of people have fled violence and persecution in recent years. More than half were children. Learn about modern mass exoduses, how nations are addressing the crises, and what kinds of solutions could help.

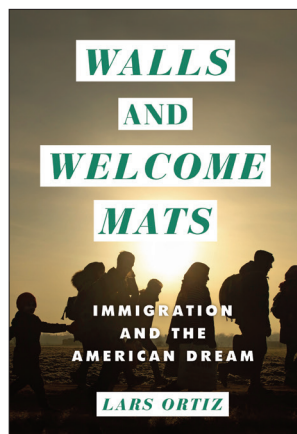
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1070 **Pages** 128 **Trim** 6 x 9 ©19

Twenty-First Century Books™

Hardcover \$27.99 (List \$37.32) 9781541528116

Also Available eBook



Walls and Welcome Mats

Immigration and the American Dream

Lars Krogstad Ortiz

Examine the United States' history of immigration, as well as the backlash that so many immigrants have faced, while also understanding the optimism that leads people to seek a better future in a new land.

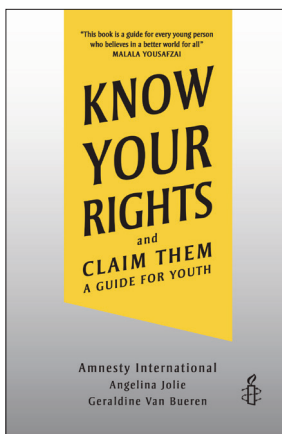
Reading Level Grade 8 **Interest Level** Grades 8-12

Pages 120 **Trim** 6 x 9 ©23

Twenty-First Century Books™

Hardcover \$27.99 (List \$37.32) 9781728423999

Also Available eBook Audio eBook w/Audio



Know Your Rights and Claim Them

A Guide for Youth

Amnesty International, Angelina Jolie, and Geraldine Van Bueren

Written in partnership with Amnesty International, Angelina Jolie, and Geraldine Van Bueren, *Know Your Rights and Claim Them* takes a deep dive into the rights promised in the United Nations Convention on the Rights of the Child.

Reading Level Grade 8 **Interest Level** Grades 6-12

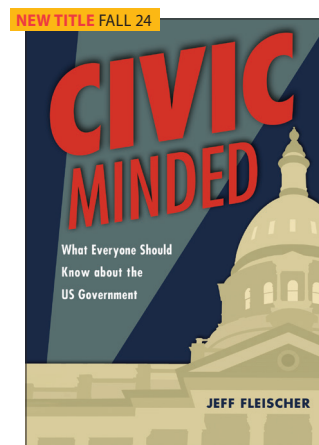
Lexile 1060 **Pages** 288 **Trim** 5 x 7 1/2 ©21

Zest Books™

Hardcover \$27.99 (List \$37.32) 9781728449647

Paperback \$14.99 9781728449654

Also Available eBook



Civic Minded

What Everyone Should Know about the US Government

Jeff Fleischer

This handy guidebook offers an accessible overview of big US civics topics, including federal programs, international relations, and more. With compelling, well-researched text and accompanying sidebars, *Civic Minded* helps readers understand and join many ongoing political conversations in the US.

Reading Level Grade 8 **Interest Level** Grades 6-12

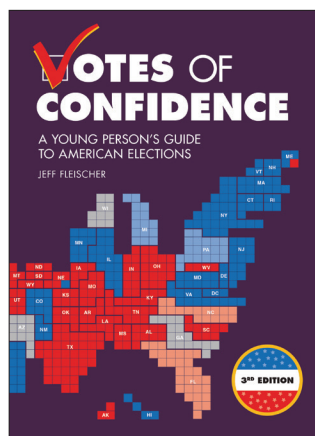
Pages 312 **Trim** 5 1/4 x 7 1/2 ©24

Zest Books™

Hardcover \$29.99 (List \$39.99) 9798765611494

Paperback \$19.99 9798765611500

Also Available eBook



Votes of Confidence, 3rd Edition

A Young Person's Guide to American Elections

Jeff Fleischer

In this newly updated 3rd edition, author Jeff Fleischer explains how the US election process has evolved throughout history and into the present, why understanding it matters, and how young adult citizens can get involved.

Reading Level Grade 8 **Interest Level** Grades 6-12

Pages 264 **Trim** 5 1/4 x 7 1/2 ©24

Zest Books™

Hardcover \$29.99 (List \$39.99) 9798765611180

Paperback \$19.99 9798765611197

Also Available eBook



Debunk It! Fake News Edition

How to Stay Sane in a World of Misinformation

John Grant

We live in an era of misinformation. Updated to include a chapter on fake news, this book is a guide to critical thinking for young readers looking to find some clarity in a confusing world.

Reading Level Grade 7 **Interest Level** Grades 8-12

Lexile 1240 **Pages** 296 **Trim** 5 x 7 1/2 ©19

Zest Books™

Hardcover \$27.99 (List \$37.32) 9781541578562

Paperback \$14.99 9781942186595

Also Available eBook



Fake News

Separating Truth from Fiction

Michael Miller

Learn about the mechanics, perpetrators, motives, and psychology of fake news, and explore journalistic and fact-checking standards, Constitutional protections, and real-world case studies. A final chapter provides useful methods for assessing and avoiding the spread of fake news.

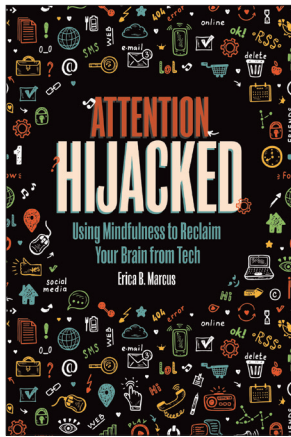
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1190 **Pages** 112 **Trim** 6 x 9 ©19

Twenty-First Century Books™

Hardcover \$27.99 (List \$37.32) 9781541528147

Also Available eBook



★ Attention Hijacked

Using Mindfulness to Reclaim Your Brain from Tech

Erica B. Marcus

For years, scientists have warned that too much screen time negatively impacts our health. *Attention Hijacked* explores exactly how technology affects consumers, dispels misinformation, and helps readers make personal usage decisions. Page Plus links lead to mindfulness and meditation audio clips.

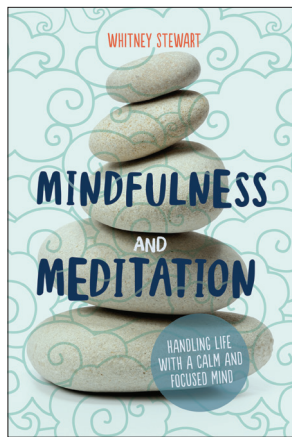
Reading Level Grade 8 **Interest Level** Grades 8-12

Lexile 1020 **Pages** 200 **Trim** 5½ x 8¼ **©22**

Zest Books™ ★Booklist

Paperback \$19.99 9781728417196

Also Available eBook



Mindfulness and Meditation

Handling Life with a Calm and Focused Mind

Whitney Stewart

Teen life can be a pressure cooker leading to anxiety and even thoughts of suicide. Learn about the practice of mindfulness and try meditation exercises for examining emotions, managing stress, checking wellness routines, and setting intentions to increase happiness.

Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 910 **Pages** 120 **Trim** 6 x 9 **©20**

Twenty-First Century Books™

Hardcover \$27.99 (List \$37.32) 9781541540217

Also Available eBook



Where's My Stuff? 2nd Edition

The Ultimate Teen Organizing Guide

Samantha Moss and Lesley Martin illus. Michael Wertz

A comprehensive guide to organizing schoolwork, lockers, bedrooms, and schedules. With useful illustrations, easy-to-follow charts, and plenty of humor, this newly updated second edition adds tips on managing digital files and backups, planners, and more.

Reading Level Grade 8 **Interest Level** Grades 6-12

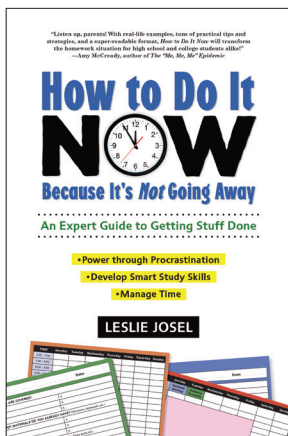
Lexile 1060 **Pages** 120 **Trim** 6½ x 8½ **©20**

Zest Books™

Hardcover \$27.99 (List \$37.32) 9781541578944

Paperback \$14.99 9781541578951

Also Available eBook



How to Do It Now

Because It's Not Going Away

An Expert Guide to Getting Stuff Done

Leslie Joisel

Packed with practical solutions and tips to stay on top of homework, develop a sense of time, manage digital distractions, and create easy-to-follow routines, this guide will help teens stop procrastinating and get their tasks done.

Reading Level Grade 7 **Interest Level** Grades 8-12

Lexile 890 **Pages** 152 **Trim** 6 x 9 **©20**

Zest Books™

Paperback \$14.99 9781541581616

Also Available eBook



97 Things to Do Before You Finish High School

Erika Stalder and Steven Jenkins

Being in high school is about a lot more than going to high school. Whatever your creative, social, or academic inclinations, you'll find ways on these pages to amuse, educate, and interest yourself and your friends.

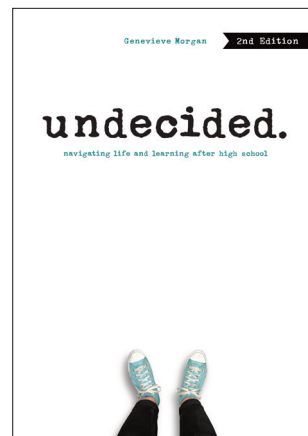
Reading Level Grade 8 **Interest Level** Grades 8-12

Pages 208 **Trim** 6½ x 6½ **©08**

Zest Books™

Paperback \$12.99 9780979017308

Also Available eBook



Undecided, 2nd Edition

Navigating Life and Learning after High School

Genevieve Morgan

This updated and revised edition gives teens a comprehensive overview of the choices available after graduating high school, from going to college to joining the workforce, with advice on how to follow each path.

Reading Level Grade 8 **Interest Level** Grades 9-12

Lexile 1180 **Pages** 288 **Trim** 5¼ x 7½ **©20**

Zest Books™

Paperback \$16.99 9781541597792

Also Available eBook



★ How to Be a Difficult Bitch

Claim Your Power, Ditch the Haters, and Feel Good Doing It

Halley Bondy, Sharon Lynn Pruitt-Young, Mary C. Fernandez, and Zara Hanawalt

Being a powerhouse is a choice, a lifestyle, a code of ethics. It takes work, a thick skin, and perseverance. Learn the basics of being a Difficult Bitch, from school to friends to body to life.

Reading Level Grade 9 **Interest Level** Grades 9-12

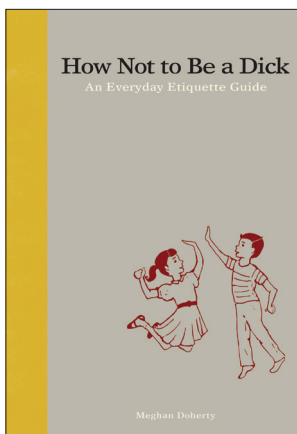
Lexile 970 **Pages** 152 **Trim** 5½ x 8¼ ©22

Zest Books™ ★ Kirkus

Hardcover \$27.99 (List \$37.32) 9781541586741

Paperback \$14.99 9781541586758

Also Available eBook



★ How Not to Be a Dick

An Everyday Etiquette Guide

Meaghan Doherty

Hilarious Dick-and-Jane style illustrations pair perfectly with essential (and emotionally intelligent) etiquette tips. *How Not to Be a Dick* is packed with honest, straightforward advice to help you take a stand against dickishness every day.

Reading Level Grade 7 **Interest Level** Grades 8-12

Lexile 810 **Pages** 192 **Trim** 5½ x 8¼ ©13

Zest Books™ ★ Booklist

Hardcover \$13.49 (List \$17.99) 9781936976027

Also Available eBook



Don't Sit On the Baby, 2nd Edition

The Ultimate Guide to Sane, Skilled, and Safe Babysitting

Halley Bondy

Babysitting is a popular jobs for teens, but caring for kids is not easy. This funny, updated guide covers the basics—from how to find jobs and negotiate pay rates to how to entertain your charges and handle behavioral challenges.

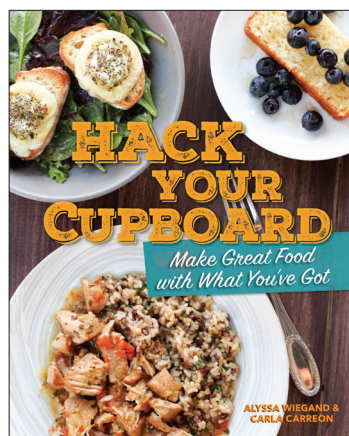
Reading Level Grade 6 **Interest Level** Grades 6-12

Lexile 940 **Pages** 144 **Trim** 5¼ x 7½ ©22

Zest Books™

Paperback \$14.99 9781728420295

Also Available eBook



Hack Your Cupboard

Make Great Food with What You've Got

Alyssa Wiegand and Carla Carreon

With dream dinners for every level of experience, this is the cookbook full of age-specific guidance for anyone who wants to break out of a kitchen rut without breaking too much of a sweat.

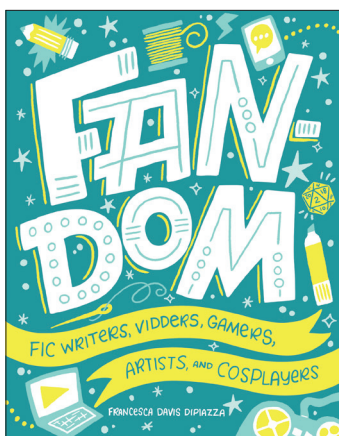
Reading Level Grade **Interest Level** Grade

Lexile 1020 **Pages** 168 **Trim** 8 x 10 ©19

Zest Books™

Paperback \$19.99 9781942186076

Also Available eBook



Fandom

Fic Writers, Vidders, Gamers, Artists, and Cosplayers

Francesca Davis DiPiazza illus. Shauna Lynn Panczysyn

Have you ever created art based on a TV show or game? Dressed up as your favorite character? If so, you've entered fandom. Tour fandom's history and meet creators who shape fan communities online and in real life.

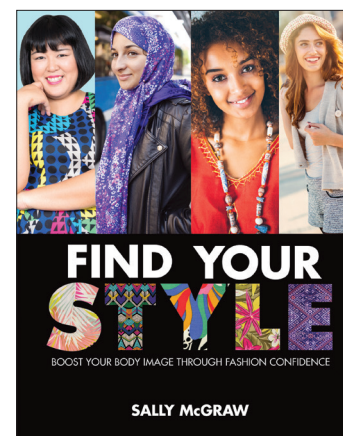
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1210 **Pages** 120 **Trim** 7 x 9 ©18

Twenty-First Century Books™

Hardcover \$27.99 (List \$37.32) 9781512450491

Also Available eBook



Find Your Style

Boost Your Body Image through Fashion Confidence

Sally McGraw

Style can be a declaration of who we are! Discover tips to build flattering outfits, learn how to build self-esteem by busting myths about beauty standards, and meet young women who are redefining what it means to be stylish and confident.

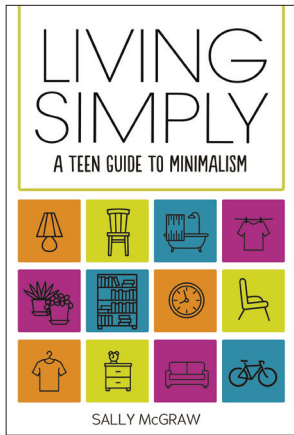
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1050 **Pages** 88 **Trim** 7 x 9 ©17

Twenty-First Century Books™

Hardcover \$26.99 (List \$35.99) 9781467785693

Also Available eBook



Living Simply

A Teen Guide to Minimalism

Sally McGraw

Minimalism is an Earth-friendly lifestyle focusing on the three Rs (reducing, recycling, and reusing) and on simplifying to reduce one's carbon imprint, manage anxiety, and prioritize interactions over acquisition. How-to tips and success stories help you incorporate minimalism into your life.

Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1050 **Pages** 112 **Trim** 6 x 9 ©19

Twenty-First Century Books™

Hardcover \$27.99 (List \$37.32) 9781541500549

Also Available **eBook**



Thrift Shopping

Discovering Bargains and Hidden Treasures

Sandy Donovan

Discover where to find great thrift bargains and try easy craft activities to upcycle your treasures. Learn how to be a great bargain hunter for clothing, jewelry, furniture, and much more.

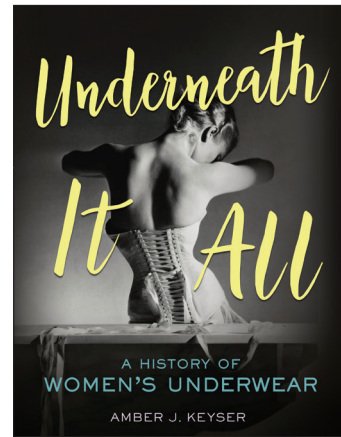
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1060 **Pages** 64 **Trim** 7 x 9 ©15

Twenty-First Century Books™

Hardcover \$24.99 (List \$33.32) 9781467757836

Also Available **eBook**



Underneath It All

A History of Women's Underwear

Amber J. Keyser

For most of human history, the garments women wore under their clothes were hidden. The earliest underwear provided warmth and protection. But eventually, women's undergarments became complex structures designed to shape their bodies to fit the fashion ideals of the time.

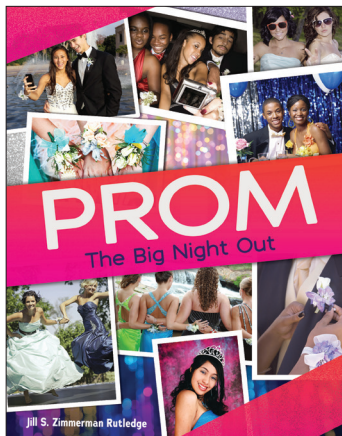
Reading Level Grade 9 **Interest Level** Grades 9-12

Lexile 1150 **Pages** 96 **Trim** 7 x 9 ©18

Twenty-First Century Books™

Hardcover \$27.99 (List \$37.32) 9781512425314

Also Available **eBook**



Prom

The Big Night Out

Jill S. Zimmerman Rutledge

Prom is about more than corsages and boutonnieres—it's an event that teens are claiming as a way to express their identities. See how prom has changed throughout the years and get tips on dealing with prom pressures.

Reading Level Grade 8 **Interest Level** Grades 8-12

Lexile 1140 **Pages** 80 **Trim** 7 x 9 ©17

Twenty-First Century Books™

Hardcover \$26.99 (List \$35.99) 9781512402674

Also Available **eBook**



Teen Innovators

Nine Young People Engineering a Better World with Creative Inventions

Fred Estes

Celebrate the determination and ingenuity of young inventors. Through profiles that explore the challenges, motivations, and lives of these teen visionaries, readers will see how the science they study today in school relates to these important discoveries.

Reading Level Grade 6 **Interest Level** Grades 5-9

Lexile 990 **Pages** 208 **Trim** 6 x 9 ©22

Zest Books™

Hardcover \$29.99 (List \$39.99) 9781728417189

Paperback \$19.99 9781728417219

Also Available eBook



★When Dogs Heal

Powerful Stories of People Living with HIV and the Dogs That Saved Them

Jesse Freidin, Robert Garofalo, Zach Stafford, and Christina Garofalo

Compiled by an LGBTQ advocate, an adolescent HIV specialist, and a fine-art photographer, *When Dogs Heal* illustrates a refreshing, beautiful and totally unique portrait of HIV infused with a deep message of hope for young adults.

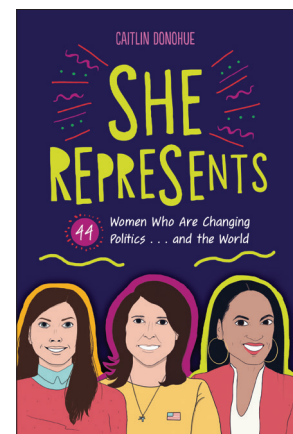
Reading Level Grade 8 **Interest Level** Grades 8-12

Lexile 970 **Pages** 152 **Trim** 8 x 10 ©21

Zest Books™ ★Booklist ★School Library Journal

Paperback \$19.99 9781541586765

Also Available eBook



She Represents

44 Women Who Are Changing Politics... and the World

Caitlin Donohue

She Represents celebrates feminism and female contributions to politics and activism. Author Caitlin Donohue profiles forty-four leaders, shedding light on their motivations, goals, strengths, and even missteps. Readers will be inspired to pursue social change themselves.

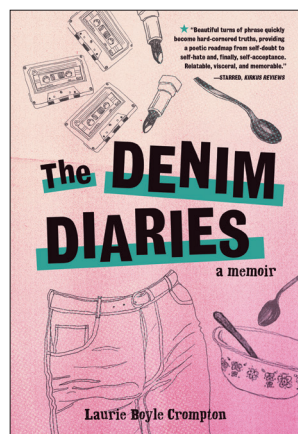
Reading Level Grade 8 **Interest Level** Grades 8-12

Lexile 1240 **Pages** 216 **Trim** 6 x 9 ©20

Zest Books™

Paperback \$16.99 9781541579019

Also Available eBook



★The Denim Diaries

A Memoir

Laurie Boyle Crompton

From relationships and makeup to parental divorce and disordered eating, Laurie Boyle Crompton recounts the humor and heartbreak of her coming of age in rural Pennsylvania and New York City during the 1970s and 1980s.

Reading Level Grade 9 **Interest Level** Grades 8-12

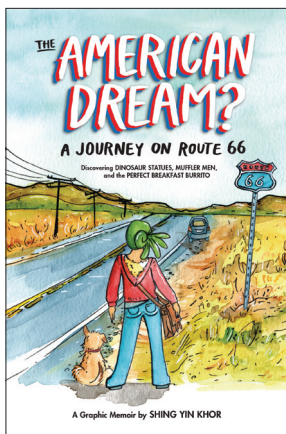
Pages 352 **Trim** 6 x 9 ©23

Zest Books™ ★Kirkus ★Booklist

Hardcover \$28.99 (List \$38.65) 9781728477503

Paperback \$18.99 9798765604885

Also Available eBook



★The American Dream?

A Journey on Route 66

Discovering Dinosaur Statues, Muffler Men, and the Perfect Breakfast Burrito

Shing Yin Khor

Shing Yin Khor's graphic travelogue about driving through what's left of Route 66 begins as a road trip and ends up more like a pilgrimage in search of an ever-shifting definition of America.

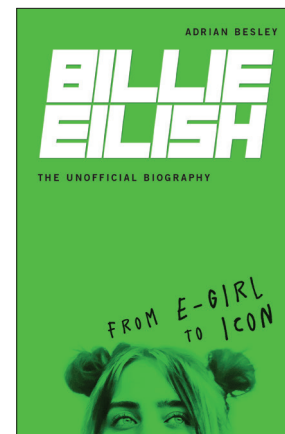
Reading Level Grade 6 **Interest Level** Grades 6-12

Lexile 970 **Pages** 160 **Trim** 5½ x 8¼ ©19

Zest Books™ ★Booklist

Paperback \$16.99 9781942186373

Also Available eBook



Billie Eilish, The Unofficial Biography

From E-Girl to Icon

Adrian Besley

Billie Eilish is a phenomenon, a teenager whose beautifully crafted hits defy categorization and whose defiant persona mirrors the attitudes of a generation. Explore the life, talent, and philosophy of the fastest-rising star in pop music.

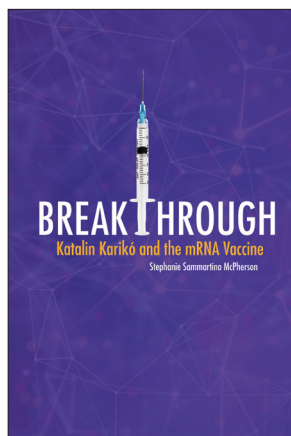
Reading Level Grade 8 **Interest Level** Grades 8-12

Lexile 1250 **Pages** 240 **Trim** 6 x 9¾ ©21

Zest Books™

Paperback \$14.99 978172842170

Also Available eBook



Breakthrough

Katalin Karikó and the mRNA Vaccine

Stephanie Sammartino McPherson

Breakthrough chronicles the life, hard work, and accomplishments of Katalin Karikó, one of the pioneering mRNA researchers whose work led to COVID-19 vaccines, depicting her as an inspirational figure for readers interested in science.

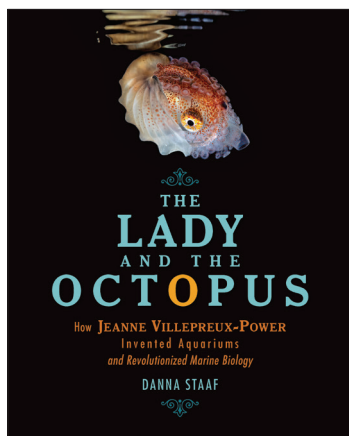
Reading Level Grade 8 **Interest Level** Grades 7-12

Pages 136 **Trim** 6 x 9 ©24

Twenty-First Century Books™

Hardcover \$28.99 (List \$38.65) 9798765607947

Also Available **eBook**



★The Lady and the Octopus

How Jeanne Villepreux-Power Invented Aquariums and Revolutionized Marine Biology

Danna Staaf

Follow the remarkable journey of Jeanne Villepreux-Power from her childhood in a small French village to her life as a naturalist in nineteenth-century Messina, Sicily, where she conducted groundbreaking research and invented aquariums.

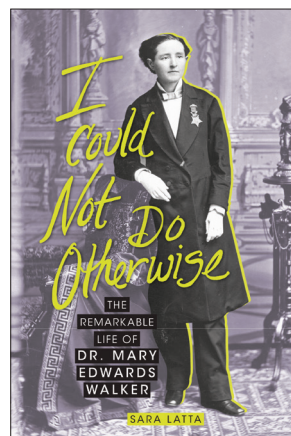
Reading Level Grade 6 **Interest Level** Grades 5-12

Lexile 1220 **Pages** 136 **Trim** 8 x 10 ©22

Carolrhoda Books® ★School Library Journal ★Booklist

Hardcover \$20.99 (List \$27.99) 9781728415772

Also Available **eBook**



★I Could Not Do Otherwise

The Remarkable Life of Dr. Mary Edwards Walker

Sara Latta

Meet the extraordinary, rebellious Mary Edwards Walker—a Civil War surgeon, a spy captured by the Confederacy, an advocate for women's rights and social justice, and the only woman to ever receive the Medal of Honor, the US government's highest military honor.

Reading Level Grade 8 **Interest Level** Grades 8-12

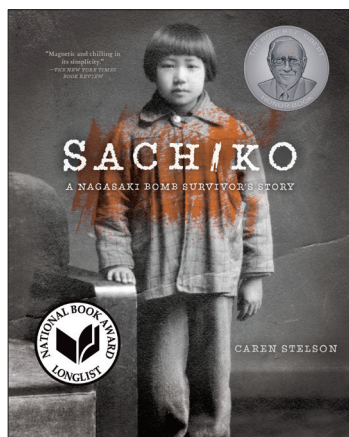
Lexile 1180 **Pages** 208 **Trim** 5½ x 8¼ ©22

Zest Books™ ★School Library Journal

Hardcover \$29.99 (List \$39.99) 9781728413914

Paperback \$16.99 9781728413921

Also Available **eBook**



★Sachiko

A Nagasaki Bomb Survivor's Story

Caren Stelson

Read the true story of a young girl who survived the Nagasaki atomic bomb and her journey to find peace. This well-researched narrative offers readers a remarkable new perspective on the final moments of World War II, their aftermath, and Sachiko's legacy.

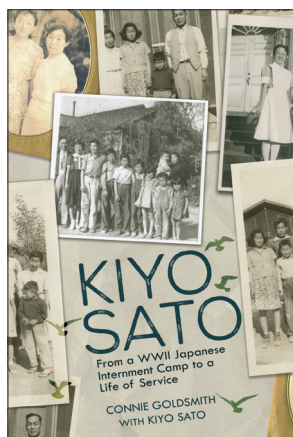
Reading Level Grade 6 **Interest Level** Grades 5-12

Lexile 850 **Pages** 144 **Trim** 8 x 10 ©16

Carolrhoda Books® ★Booklist ★School Library Journal

Paperback \$14.99 9798765627457

Also Available **eBook**



Kiyo Sato

From a WWII Japanese Internment Camp to a Life of Service

Connie Goldsmith

Kiyo Sato was one of many Japanese Americans to be moved to internment camps during World War II. This narrative biography, supported by informational sidebars, revisits a troubling part of America's history through the eyes of a young woman who lived through it.

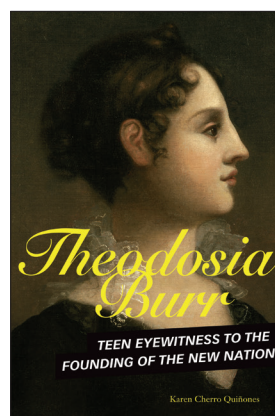
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1010 **Pages** 136 **Trim** 6 x 9 ©21

Twenty-First Century Books™

Hardcover \$27.99 (List \$37.32) 9781541559011

Also Available **eBook**



Theodosia Burr

Teen Eyewitness to the Founding of the New Nation

Karen Cherro Quiñones

Discover the story behind the song "Dear Theodosia" from the Broadway musical *Hamilton*. Theodosia Burr, daughter of Vice President Aaron Burr, was a teen eyewitness to the history of the New Nation and the first woman to be fully educated in America.

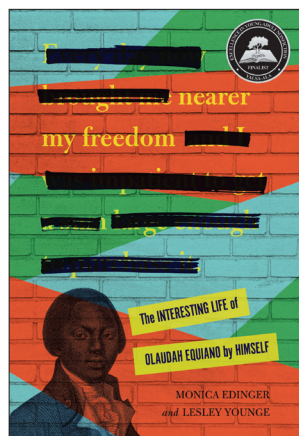
Reading Level Grade 8 **Interest Level** Grades 6-12

Lexile 1110 **Pages** 104 **Trim** 6 x 9 ©20

Twenty-First Century Books™

Hardcover \$27.99 (List \$37.32) 9781541542754

Also Available **eBook**



★ Nearer My Freedom

The Interesting Life of Oludah Equiano by Himself

Monica Edinger and Lesley Young

Explore Oludah Equiano's life story—his childhood in Africa, enslavement, liberation, and life as a free man—through “found verse,” a creative approach to primary source analysis. The authors selected excerpts from Equiano's autobiography to create the poetic retelling, adding annotations to deepen understanding.

Reading Level Grade 6 **Interest Level** Grades 5-12

Pages 216 **Trim** 5½ x 8¼ **©23**

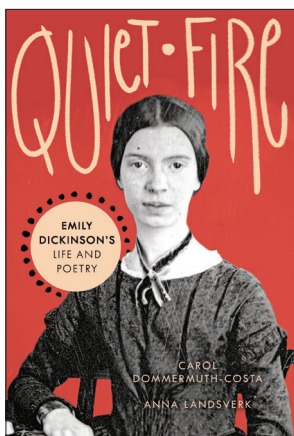
Zest Books™ ★ Kirkus ★ Booklist ★ Publishers Weekly

★ Shelf Awareness ★ School Library Journal

Hardcover \$28.99 (List \$38.65) 9781728450988

Paperback \$18.99 9781728464077

Also Available eBook



★ Quiet Fire

Emily Dickinson's Life and Poetry

Carol Dommermuth-Costa and Anna Landsverk

Emily Dickinson is revered as one of America's greatest and most original poets. Using primary source materials, including the poet's own letters and poems, *Quiet Fire* presents the life and art of Emily Dickinson to a new generation.

Reading Level Grade 8 **Interest Level** Grades 6-12

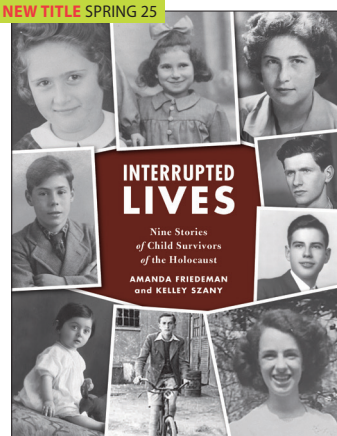
Lexile 1150 **Pages** 168 **Trim** 6 x 9 **©22**

Twenty-First Century Books™ ★ School Library Journal

Hardcover \$27.99 (List \$37.32) 9781728416342

Also Available eBook

NEW TITLE SPRING 25



Interrupted Lives

Nine Stories of Child Survivors of the Holocaust

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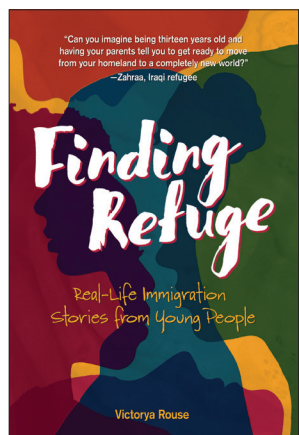
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8.



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