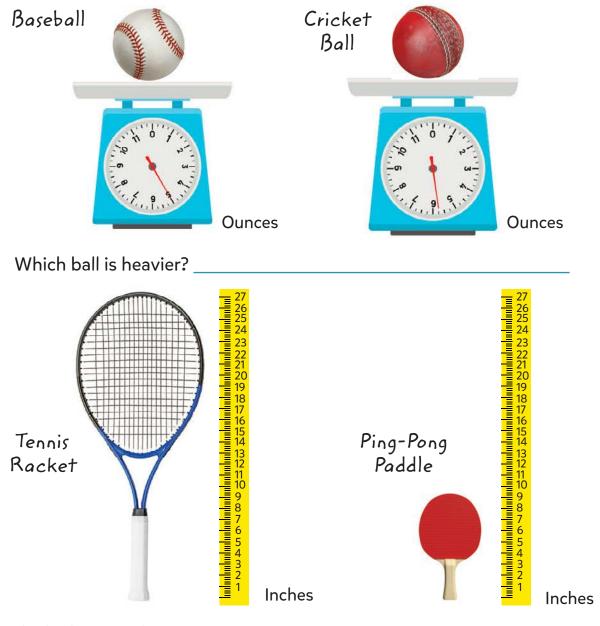
Self-Management

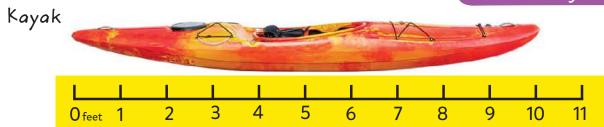
Length & Weight

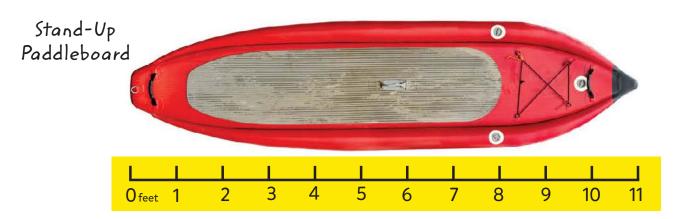
Movement is healthy for your body and mind. Sports and games are a great way to get moving and have fun! Compare the sports objects below.



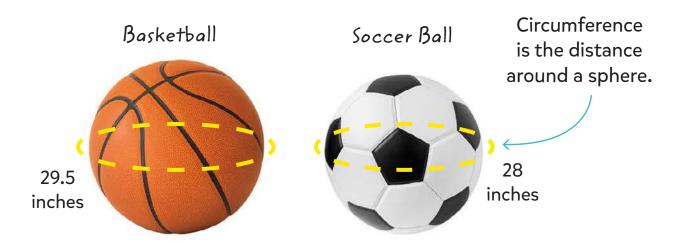
Which object is shorter?

Self-Management





Which object is longer?



Which ball has the bigger circumference? _____

What is your favorite way to get moving? _____