

KNOW YOUR RIGHTS

As a young person, your rights should have equal status to the rights of an adult. That is not just my opinion. It is set out in a legally-binding international agreement—the UN Convention on the Rights of the Child—ratified by 196 countries. — Angelina Jolie

INTERNATIONAL CHILD RIGHTS

LIFE, DIGNITY, AND HEALTH You have the right to life and an adequate standard of living, including housing, food, water, a clean climate, health, and healthcare.	PROTECTION FROM ARMED VIOLENCE You have the right to life and to be protected from war and armed conflict. If you’re underage you should not be asked to fight or take part in war.
EQUALITY AND NON-DISCRIMINATION You have equal rights with all other children in the world, no matter your race, ethnicity, gender, sexuality, religion, language, parental politics, your own political opinion, wealth, poverty, or if you have a disability.	CRIMINAL JUSTICE AND LIBERTY You have the right not to be punished in a cruel, harmful, or degrading way. You are entitled to a fair hearing and judges must consider your age and needs. You should receive support to help you recover from abuse.
PARTICIPATION You have the right to be heard and to participate in all decisions affecting you, including in court. You have the right to receive information.	PRIVACY You have the right to privacy and to be protected from bullying, intimidation, harassment, threats, and attacks on your reputation.
IDENTITY You have the right to a name and nationality. This is your legal identity that enables you to access all your other rights.	MINORITY AND INDIGENOUS RIGHTS You have the right to enjoy your own culture, practice your religion, and use your languages if you belong to a minority or Indigenous group.
SAFE PLACE You have the right to a safe place to live and to be cared for, including if you are a refugee, migrant, living on the streets, orphaned, adopted, or fostered.	EDUCATION You have the right to information, a good education, and schooling to help develop your personality, talents, and abilities. You have the right to information and guidance. You have the right to know your rights.
PROTECTION FROM HARM You have the right not to be tortured or to be treated in a cruel, inhuman, or degrading way. You have the right not to be subjected to mental, emotional, or physical abuse, dangerous work, forced labor, drugs, or sex trafficking.	PLAY You have the right to play, rest, choose your own friends, share ideas, and enjoy the arts and culture.
BODILY INTEGRITY You have the right to be protected from sexual abuse, female genital mutilation (also known as cutting), and early or forced marriage.	FREEDOM OF THOUGHT You have the right to your own ideas. You can choose to follow your own faith or none.
	VOICE AND PEACEFUL PROTEST You have the right to express your views and to join with others to do so, including in peaceful protest. You are entitled to seek out and receive information.

AND CLAIM THEM

with the activist’s toolkit

1. IDENTIFY THE PROBLEM

2. DO YOUR RESEARCH

3. FIND ALLIES
4. CREATE A TIMELINE

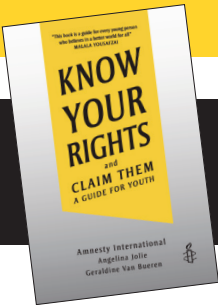
5. PLAN A CAMPAIGN

6. PUT THE PRESSURE ON
7. HOLD POLITICIANS ACCOUNTABLE

8. USE YOUR VOICE INTELLIGENTLY

9. GO PUBLIC

10. RAISE YOUR VOICE



Amnesty International, Angelina Jolie, and Geraldine Van Bueren

For more information on the rights contained in the UN Convention on the Rights of the Child, inspiring stories of activists around the world, and resources for claiming your rights and fighting for others, read *Know Your Rights and Claim Them: A Guide for Youth*.

